

1 **ThermoMaze: A behavioral paradigm for readout of immobility-related brain events**

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11
12 **Abstract**

13 Brain states fluctuate between exploratory and consummatory phases of behavior. These state
14 changes affect both internal computation and the organism's responses to sensory inputs.
15 Understanding neuronal mechanisms supporting exploratory and consummatory states and
16 their switching requires experimental control of behavioral shifts and collecting sufficient
17 amounts of brain data. To achieve this goal, we developed the ThermoMaze, which exploits
18 the animal's natural warmth-seeking homeostatic behavior. By decreasing the floor
19 temperature and selectively heating unmarked areas, mice avoid the aversive state by exploring
20 the maze and finding the warm spot. In its design, the ThermoMaze is analogous to the widely
21 used water maze but without the inconvenience of a wet environment and, therefore, allows
22 the collection of physiological data in many trials. We combined the ThermoMaze with
23 electrophysiology recording, and report that spiking activity of hippocampal CA1 neurons
24 during sharp-wave ripple events encode the position of the animal. Thus, place-specific firing
25 is not confined to locomotion and associated theta oscillations but persist during waking
26 immobility and sleep at the same location. The ThermoMaze will allow for detailed studies of
27 brain correlates of immobility, preparatory-consummatory transitions and open new options
28 for studying behavior-mediated temperature homeostasis.

30 Introduction

31 All behaviors can be considered as parts of a sequence of action-rest transition¹. Brain states
32 in vertebrates fall into dichotomous categories, and correspond roughly to what early
33 behavioral research referred to as “preparative” (or “exploratory”) and “consummatory” (or
34 “terminal”) classes². In mammals, these two fundamental brain states can be readily identified
35 by basic electrophysiological monitoring of various brain structures³. They are also referred to
36 as voluntary and non-voluntary or conscious and non-conscious brain states³. Switching
37 between these states is correlated with high and low release of subcortical neuromodulators⁴⁻⁹.
38 Consummatory behaviors include feeding and drinking, resting and its extreme form, non-rapid
39 eye movement (NREM) sleep. Preparatory and consummatory behaviors in the hippocampus
40 are associated with theta oscillations and sharp wave ripples (SPW-Rs), respectively¹⁰.

41 Deciphering the physiological underpinnings of these categories and revealing the significance
42 of brain state transitions for cognition requires sufficient sampling of the relevant brain states.
43 This is usually achieved by extended repeated recordings or, when possible, recording large
44 numbers of neurons simultaneously. Prolongation of explorative behavior can be readily
45 achieved by placing the animal in novel environments, by food or water deprivation or
46 introducing delays in choice behavior tasks^{11,12}. Recently, the honeycomb maze paradigm was
47 introduced to extend the observation periods of explorative deliberation¹³.

48 In contrast, the experimental control of consummatory classes of behavior is more difficult.
49 Sleep provides an opportunity for long recordings. Comparison of sleep before and after
50 learning is a standard paradigm to examine experience-induced brain plasticity^{14,15}.
51 Consummatory brain states associated with eating, drinking and sex change rapidly with satiety
52 and requires prolonged periods of deprivation¹⁶⁻¹⁹. Controlling periods of awake immobility is
53 most difficult²⁰⁻²², mainly because forced immobilization of the animal is stressful²³ and is
54 accompanied by altered physiological states²⁴.

55 Here we introduce the ThermoMaze, a behavioral paradigm that allows for the collection of
56 large amounts of physiological data while the animal rests at distinct experimenter-controlled
57 locations. In standard laboratory environments (20-24 °C)²⁵, both housing and data collection
58 take place below the thermoneutral zone of mice (26-34 °C)²⁶⁻²⁸. The ThermoMaze exploits
59 the animal’s behavioral thermoregulation mechanisms^{29,30} and promotes thermotaxis (i.e.,
60 movement in response to environmental temperature)³¹. Searching for a warmer environment,
61 social crowding and nest building are natural behavioral components of heat homeostasis³¹⁻³³.
62 The ThermoMaze allows the experimenter to guide small rodents to multiple positions in a
63 two-dimensional environment. Decreasing the maze floor temperature induces heat seeking
64 behavior and after finding a warm spot, the animal stays immobile at that spot for extended
65 periods of time, allowing for recording large amounts of neurophysiological data in
66 immobility-related brain states. We report on both behavioral control and hippocampal
67 electrophysiological correlates of heat seeking activity to illustrate the versatile utility of the
68 ThermoMaze.

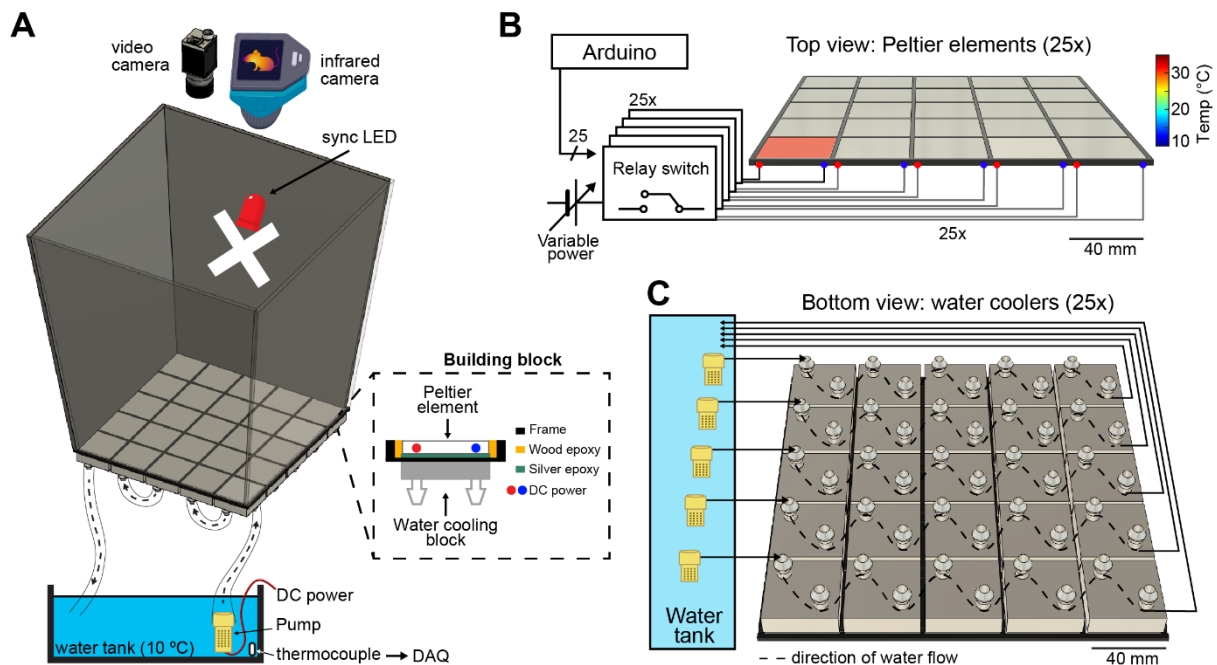
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70 **Results**

71 **Design and Construction of the ThermoMaze**

72 The ThermoMaze is designed to guide small rodents to warm spatial locations in a two-
73 dimensional cold environment, consisting of a box (width, length, height: 20, 20, 40 cm,
74 respectively) made from an acrylic plexiglass sheet (Fig. 1A, top). The floor of the maze is
75 constructed from 25 Peltier elements (40 x 40 x 3.6 mm) that are attached to aluminum water
76 cooling block heatsinks (40 x 40 x 12 mm, n = 25) with heat-conductive epoxy and are insulated
77 from each other by wood epoxy (Fig. 1A, dashed inset). Each Peltier element is controlled by
78 an electrically operated switch (relay) that opens and closes high-current circuits by receiving
79 transistor-transistor-logic (TTL) signals from outside sources (Fig. 1B). Peltier elements can
80 be heated individually up to 30 °C to provide a warm spot for the animal when other regions
81 of the floor are under cooling (Fig. 1B, active heating of one Peltier element is shown). The
82 ambient temperature of the maze is controlled by water circulated from the water tank through
83 the water-cooling blocks. We set the floor temperature to either ~25°C (room temperature) or
84 to ~10 °C (cooling, Fig. 1C and Suppl. Fig. 1), but a range of ambient temperatures (5-30 °C)
85 could be employed. The water temperature is monitored by a K-type thermocouple placed
86 inside the water tank (Fig. 1A bottom). The floor temperature of the ThermoMaze is monitored
87 using a thermal camera (FLIR C5) providing continuous registration of real-time temperature
88 changes (Fig. 1A).

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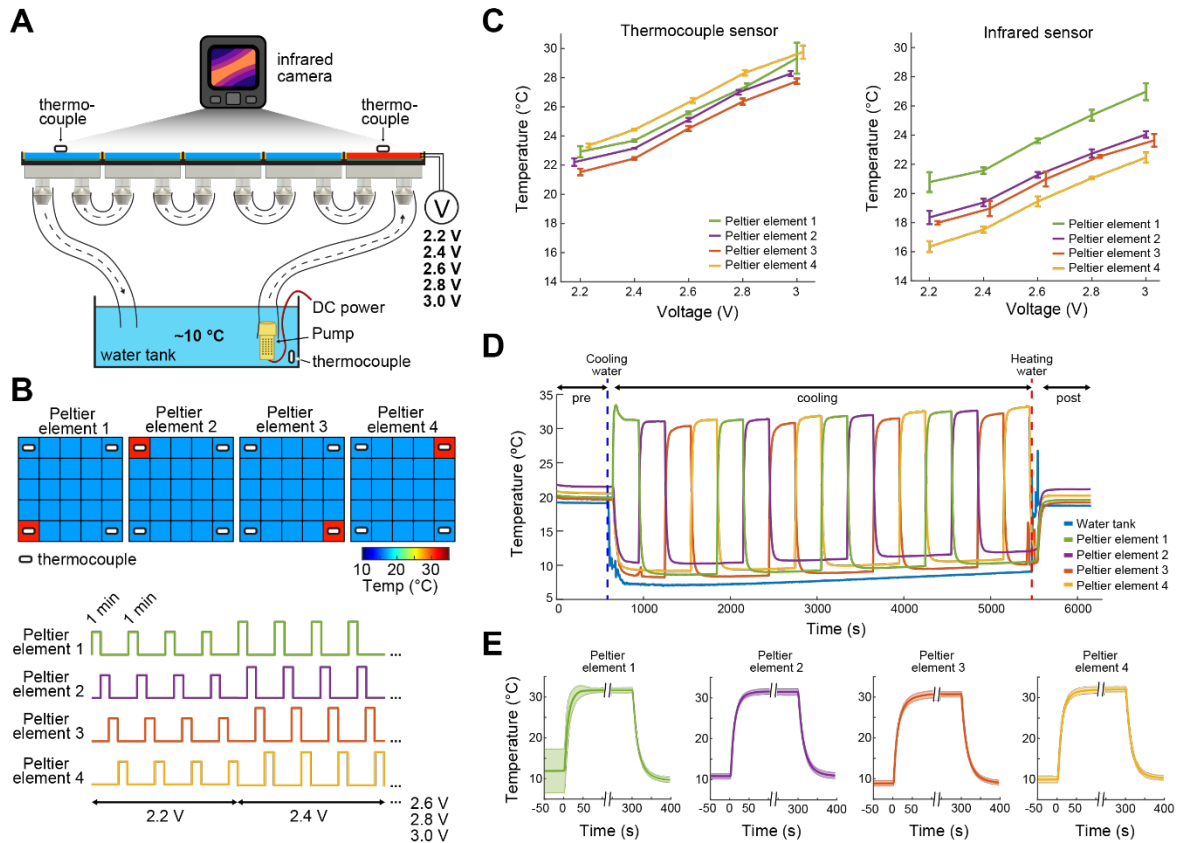


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91 **Figure 1. Construction and temperature control of the ThermoMaze.** **A)** Schematic of the
 92 ThermoMaze. The floor was built using 25 Peltier elements attached to water cooling block heatsinks
 93 (building block). The position of the animal and the temperature of the ThermoMaze can be recorded
 94 using a video camera and an infrared camera positioned above the box, respectively. An ‘X’ was taped
 95 inside the maze as an external cue below the camera synchronizing LED. Water circulates through the
 96 water cooling heatsinks using a water pump submerged in a water tank (one row of heatsinks is attached
 97 to one pump). The temperature of the water tank is monitored and recorded using a thermocouple (white
 98 symbol inside water tank, DAQ – analog input of the data acquisition system). Peltier elements are
 99 connected to a power supply (red and blue dots represent the anode and cathode connection). **B)** Circuit
 100 diagram and schematic of Peltier elements ($n = 25$), viewed from the top. TTL pulses generated by an
 101 AVR-based microcontroller board (Arduino Mega 2560) close a relay switch connected to a variable
 102 voltage power source. Each Peltier element can be independently heated (surface temperature depends
 103 on applied voltage and temperature difference between hot and cold plate of Peltier element). **C)**
 104 Schematic of the water circulation cooling system, viewed from the bottom of the floor (each Peltier
 105 element has its own water-cooling aluminum heatsink, shown in silver, $n = 25$). Five submerging DC
 106 pumps are used to circulate water across 25 heatsinks (dashed lines show the Peltier elements connected
 107 to one pump). The temperature of the heatsink is transferred to the Peltier element passively through
 108 the silver epoxy resulting in passive cooling of the floor of the ThermoMaze.

109

110 Prior to the experiments, the thermal camera, which continuously measures the surface
 111 temperature of the floor of the ThermoMaze is calibrated by thermocouples placed directly on
 112 Peltier elements (Fig. 2). The accuracy of the FLIR 5C infrared camera is ± 3 °C. With proper
 113 calibration and attention to emissivity (an object’s ability to emit rather than reflect infrared
 114 energy) the margin of error can be less than 1 °C³⁴.



115

116 **Figure 2. Calibration of the ThermoMaze temperature regulation.** **A)** Side view of the
 117 ThermoMaze. Prior to animal experiments, we calibrated the heating and cooling performance of the
 118 Peltier elements and temperature measurement. We attached thermocouples (white symbols) to the
 119 surface of the Peltier elements serving as the ground-truth for calibrating the infrared camera placed
 120 above the ThermoMaze. Different voltage levels were used for the calibration (2.2, 2.4, 2.6, 2.8 and
 121 3V) while the water tank temperature was kept constant. **B)** Top: four Peltier elements used in later
 122 experiments are chosen for calibration (four corners). Bottom: one minute heating was repeated four
 123 times at each voltage level. **C)** Simultaneously recorded temperature by thermocouples (left) and
 124 infrared camera (right). Increasing voltages induced increased heating ($n = 4$ trials per intensity, mean
 125 \pm SD are shown). While the temporal dynamics yielded similar results between the two systems, we
 126 found $\sim 4^\circ\text{C}$ offset between infrared and thermocouple-measured signals. **D)** Temperature changes of
 127 four Peltier elements used during an emulated behavioral session (without any animal subject) tracked
 128 by thermocouples. **E)** Temporal dynamics of temperature changes at the four Peltier elements during
 129 active heating and following passive cooling. The temperature reaches steady state within 31 ± 10.3
 130 seconds (mean \pm SD, $n = 4$ trials across 4 Peltier elements).

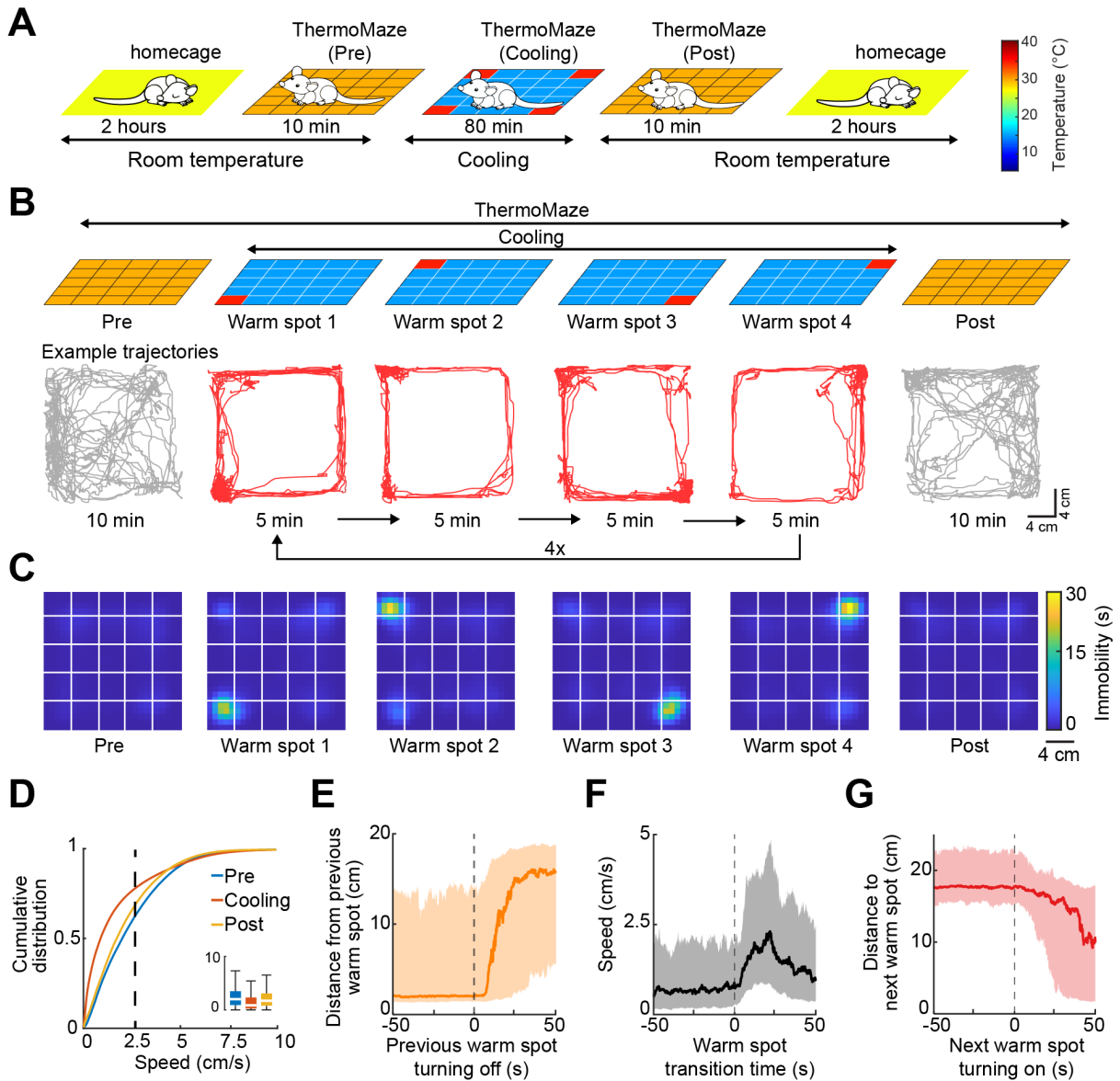
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132 Mice seek out hidden warm spots in the ThermoMaze

133 To illustrate the novel advantages of the ThermoMaze on behavior and brain activity, we tested
 134 11 mice ($n = 3$ male and 8 female mice) with silicon probe recordings from the hippocampus
 135 (Suppl. Table 1). One wall was marked by a prominent visual cue (black tape and blinking
 136 light-emitting diode; LED) to provide a distinct spatial cue in the box (Fig. 1A)³⁵. On each
 137 experimental day, the mouse was placed in the ThermoMaze and allowed to explore it for 10
 138 min at room temperature (“Pre-cooling” sub-session; Figure 3A). Next, the ThermoMaze

139 temperature was decreased to around 14 °C for 80 min and four Peltier elements (“warm spots”;
140 typically, in the corners) were sequentially and repeatedly turned on and heated up to 30 °C.
141 One Peltier element was turned on for 5 minutes in a sequential order (1-2-3-4) and the
142 sequence was repeated four times (“Cooling” sub-session; Figure 3B). The Cooling sub-session
143 was divided into 5-minute “warm spot epochs” for analysis. The daily experimental session
144 ended with a “Post-cooling” sub-session (free exploration at room temperature for 10 min). In
145 addition, all mice were recorded in the home cage both before and after the experimental
146 session (Fig. 3A). During Pre- and Post-cooling sub-sessions, the animal explored the maze
147 relatively evenly with a moderate movement speed (Figure 3B-D), although thigmotaxis was
148 the dominant pattern, with corners as highly preferred sites of both movement and immobility
149 (Suppl. Fig. 2). The animals readily found the location of the warm spot after a few training
150 sessions (median = 3). Changing the warm spot locations during Cooling induced exploration
151 until the mouse found another warm spot and stayed on it for prolonged periods (Figure 3B
152 and C, n = 17 session in 7 mice). Duration spent on the warm spot roughly followed a bimodal
153 distribution with a median = 2.85 minutes (Suppl. Fig. 2A). Compared to Pre and Post sub-
154 sessions, during Cooling, mice spent a smaller proportion of time in movement (Pre: $40 \pm 19\%$,
155 Post: $34 \pm 16\%$, Cooling: $23 \pm 12\%$, mean \pm SD, defined as speed > 2.5 cm/s, n = 20 sessions
156 from 7 mice; Figure 3D) and more time in immobility (Pre: $59 \pm 19\%$, Post: $66 \pm 16\%$, Cooling:
157 $76.74 \pm 12.41\%$, mean \pm SD, defined as speed ≤ 2.5 cm/s; n = 20 sessions from 7 mice; Figure
158 3D). The mice spent most of the time in the corners of the ThermoMaze where heat was
159 provided (Suppl. Fig. 2B), compared to Pre- and Post-cooling (Figure 3C). Once the heating of
160 the Peltier element was turned off, the animal quickly left its location (median duration = 12.99
161 s, n = 20 sessions from 7 mice; Figure 3E) and searched for a new source of warmth. Mice
162 increased their speed from 0 cm/s to 2.5 cm/s within 12.28 s after a warm spot was turned off
163 (median, n = 20 sessions from 7 mice; Figure 3F) and found the new warm spot within 23.45 s
164 (median, n = 20 sessions from 7 mice; Fig. 3G). In two additional male mice, we examined
165 brain temperature changes during the Cooling sub-session by implanting a thermistor in the
166 hippocampus (Suppl. Fig. 3A). In support of previous findings, we found brain state-dependent
167 fluctuation of brain temperature (Suppl. Fig. 3B)³⁶⁻³⁸. However, cooling the environment *per*
168 *se* did not correlate with brain temperature changes (Suppl. Fig. 3C-E), confirmation that brain
169 temperature is strongly regulated and is largely independent of the ambient temperature³⁸. The
170 ThermoMaze provides an affordance for mice to select their environmental temperature
171 through the activation of behavioral thermoregulation³⁹.

172 One of the objectives in developing the ThermoMaze was to induce immobility at several
173 locations repeatedly and for extended time periods. To confirm that this objective was
174 achieved, we ran control sessions with the same duration as the Cooling sub-session but at
175 room temperature (80 minutes; Suppl. Fig. 4). Under room temperature condition (3 sessions
176 in 3 mice), mice first explored the ThermoMaze and settled in one of the corners for an
177 extended period of time. Although mice spent a similar total amount of time immobile under
178 both conditions, the spatial distribution of immobility durations was more uniform in the
179 Cooling sub-session (Suppl. Fig. 4) because the ThermoMaze paradigm forced the animals to
180 leave their chosen spot and move to the experimenter-designated locations, i.e., the new warm
181 spots away from the corner (Suppl. Fig. 5).



183

184 **Figure 3. Mice track and stay immobile on hidden warm spots in the ThermoMaze.** **A)** Five sub-
 185 sessions constituted a daily recording session: (1) rest epoch in the home cage, (2) pre-cooling
 186 exploration epoch (Pre), (3) Cooling, (4) post-cooling exploration epoch (Post) and (5) another rest in
 187 the home cage. **B)** Schematic of temperature landscape changes when the animal is in the ThermoMaze
 188 (top) and example animal trajectory (below). During Cooling, one Peltier element always provided a
 189 warm spot for the animal (four Peltier elements in the 4 corners were used in this experiment). Each
 190 Peltier element was turned on for 5 minutes in a sequential order (1-2-3-4) and the sequence was
 191 repeated four times. **C)** Session-averaged duration of immobility (speed ≤ 2.5 cm/s) that the animal
 192 spent at each location in the ThermoMaze; Color code: temporal duration of immobility (s); white lines
 193 divide the individual Peltier elements; $n = 17$ session in 7 mice). **D)** Cumulative distribution of animal
 194 speed in the ThermoMaze during three sub-sessions from 7 mice). Median, Kruskal–Wallis test: $H =$
 195 139304.10 , $d.f. = 2$, $p < 0.001$. **E)** Animal’s distance from the previously heated Peltier element site. **F)**
 196 Speed of the animal centered around warm spot transitions. **G)** Animal’s distance from the target warm
 197 spot as a function of time (red curve: median; time 0 = onset of heating). * $p < 0.05$, ** $p < 0.01$, *** $p <$

198 0.001. In all panels, box chart displays the median, the lower and upper quartiles. (see Supplementary
199 Table 2 for exact p values and multiple comparisons).

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201 **Firing rate maps of hippocampal neurons in the ThermoMaze**

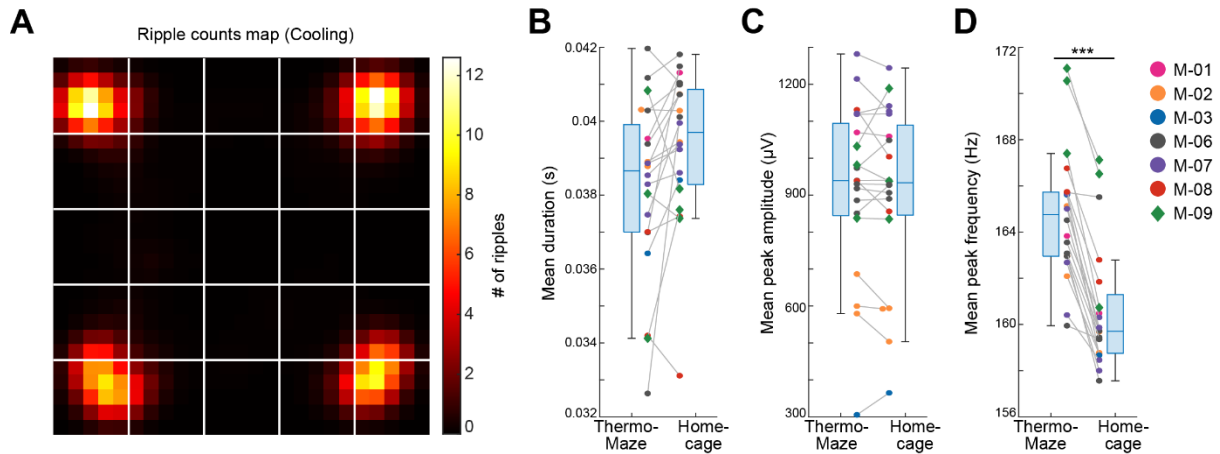
202 Compared to spatial learning and memory paradigms such as the Morris water maze⁴⁰, the
203 ThermoMaze has a non-aqueous environment and thus allows for an easy setup of
204 electrophysiological recording. We recorded neurons from the CA1 hippocampal region by
205 multi-shank silicon probes and separated them into putative pyramidal cells and interneurons
206 (Methods - Unit isolation and classification section). We separated behavioral states
207 (movement or immobility) based on movement speed (speed ≥ 2.5 cm/s = movement and speed
208 < 2.5 cm/s = immobility).

209 To construct spike count maps for comparing sub-sessions, the ThermoMaze was divided into
210 25 x 25 bins and the number of spikes emitted by a neuron in each bin was counted and
211 normalized by the time the mouse spent in each spatial bin. The impact of cooling during
212 movement (theta state) was compared by calculating the correlation coefficients between Pre
213 and Post, Pre and Cooling, and Cooling and Post spike count maps (Suppl Fig. 6A). The
214 correlation coefficients decreased significantly across all sub-sessions, with the largest change
215 observed between Pre-cooling and Post-cooling spike count maps in the experimental mice
216 (Suppl Fig. 6B). Thus, the Cooling sub-session in the ThermoMaze induced a moderate
217 decorrelation of pyramidal cells' rate maps. Such observation constrained our ability to decode
218 spatial information from the spiking activity during SWP-Rs in the Cooling sub-session using
219 firing rate maps constructed during Pre- and Post-cooling sub-sessions⁴¹, because the Bayesian
220 approaches have an underlying assumption that the spatial representation (tuning functions, or
221 rate maps) is temporally stable.

222 In principle, comparison of place maps during the first and last 10 min of a 100 min session at
223 room temperature should serve as controls. However, at room temperature mice "designate"
224 one of the corners as home base after a few minutes of exploration and stay in that corner for
225 the rest of the session (Suppl. Fig. 4A). Thus, exploration of the maze at the end of the session
226 was not available.

227 **Place-selective neuronal firing during SPW-Rs at experimenter-designated locations**

228 As expected, SPW-Rs occurred predominantly in the corners (Fig. 4A), where the mice spent
229 most of their time resting (Fig. 3C). Compared to room-temperature control sessions where
230 animals spent most of their time in one corner, the spatial distribution of SPW-Rs in the Cooling
231 sub-session was more uniform (Suppl. Fig. 4A-D), indicating that the ThermoMaze paradigm
232 successfully biased where SPW-Rs were generated. The duration and amplitude of SPW-Rs
233 were comparable in the ThermoMaze and the homecage (Fig. 4 B, C), whereas the mean peak
234 frequency of SPW-Rs were significantly lower (Fig. 4D). This decrease can be explained by
235 the lower brain temperature during sleep, a state in which the animals spent most of their time in
236 the home cage³⁶.



237

238 **Figure 4. Location-specific distribution of SPW-R in the ThermoMaze** A) Spatial map of the
 239 number of SPW-Rs during the Cooling sub-session averaged across all sessions (Color code: average
 240 number of SPW-Rs per session at each location). Session-average number of SPW-Rs during Cooling
 241 was 627.3 (corresponding to 0.136 Hz). B-D) Boxplots of SPW-R properties in ThermoMaze and in the
 242 home cage (n = 19 sessions in n = 7 mice). B) Mean ripple duration in seconds (s; p = 0.108). C) Mean
 243 ripple amplitude in µV (p = 0.9). D) Mean ripple peak frequency in Hz (p < 0.001). Dots (females) and
 244 diamonds (males) of the same color represent the same animal.

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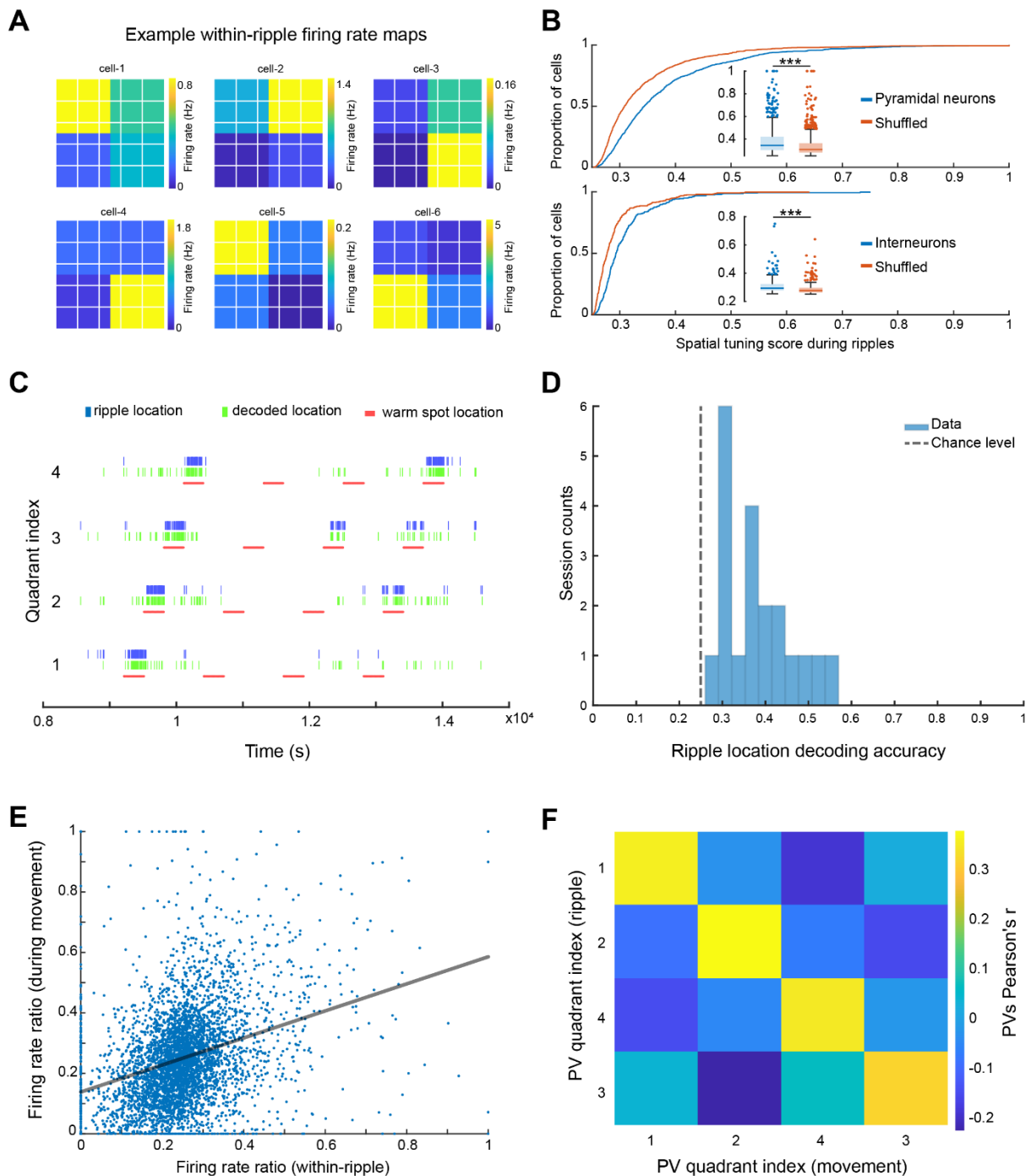
246 To quantify spatial tuning features of neuronal firing during SPW-Rs in the ThermoMaze
 247 during the Cooling sub-session, we defined a metric referred to as “spatial tuning score” (STS).
 248 We first binned the floor of the ThermoMaze into four quadrants (2x2). For each neuron, we
 249 calculated its average firing rate within SPW-Rs in each quadrant. STS was then defined by
 250 the firing rate in the quadrant with the highest within-SPW-R firing rate divided by the sum of
 251 the within-SPW-R firing rates in all four quadrants (yielding a value between 0 and 1; Fig. 5A).
 252 To test the significance of STS, we compared the STS values with their shuffled versions by
 253 randomly assigning one of the four quadrants to each SPW-R. The distribution of the STS in
 254 actual SPW-Rs was significantly higher compared to shuffled controls (Fig. 5B). Additionally,
 255 pyramidal cells exhibited higher STSs compared to interneurons (medians: pyramidal cells =
 256 0.3432; interneurons = 0.2934; one-sided Wilcoxon rank sum test, p < 0.001). In summary,
 257 both excitatory and inhibitory neuronal populations exhibit place-selective firing during SPW-
 258 Rs, while the excitatory neurons demonstrate a stronger place-specific firing.

259 To quantify how well CA1 neurons encode spatial information during SPW-Rs at the
 260 population level, we carried out a Bayesian decoding analysis to read out the current position
 261 of the animal from spiking activity⁴¹. We constructed firing rate map templates using spikes
 262 within SWP-Rs in the training dataset and determined animal positions that maximized the
 263 likelihood of observing the spike train during SWP-Rs in the testing dataset (see Method).
 264 Spiking activity during SPW-Rs reliably identified the quadrant that the animal was in above
 265 chance level (Figure 5C, D) irrespective whether we incorporated the spatial distribution priors
 266 into the decoder in an example session (Figure 5C) or used a uniform prior (Figure 5D).

267

268 To relate spatial content of spikes during SPW-Rs and locomotion, we examined whether the
269 same or different groups of neurons contributed to the place-specific firing during SPW-R and
270 locomotion by calculating the firing rate ratios within preferred quadrant versus all quadrants.
271 These ratios during SPW-Rs and movement were positively correlated (Fig. 5E; $n = 1150$
272 pyramidal cells in 20 sessions from 7 mice), suggesting that place cells⁴² during movement
273 preserved their spatial properties during SPW-Rs (see also Suppl. Fig. 7 for further analysis
274 and findings on interneurons).

275 Finally, we tested whether the preservation of spatial features of neuronal spiking also holds at
276 the population level by constructing population vectors separately during movement and SPW-
277 Rs. We then computed the pairwise correlation coefficients between these two conditions. As
278 was the case for individual pyramidal cells, population vectors for the same quadrant during
279 movement were similar to those during SPW-Rs (Figure 5F). Overall, these findings support
280 and extend the observation that spiking activity during SPW-Rs continue to be influenced by
281 the animal's current position⁴³.



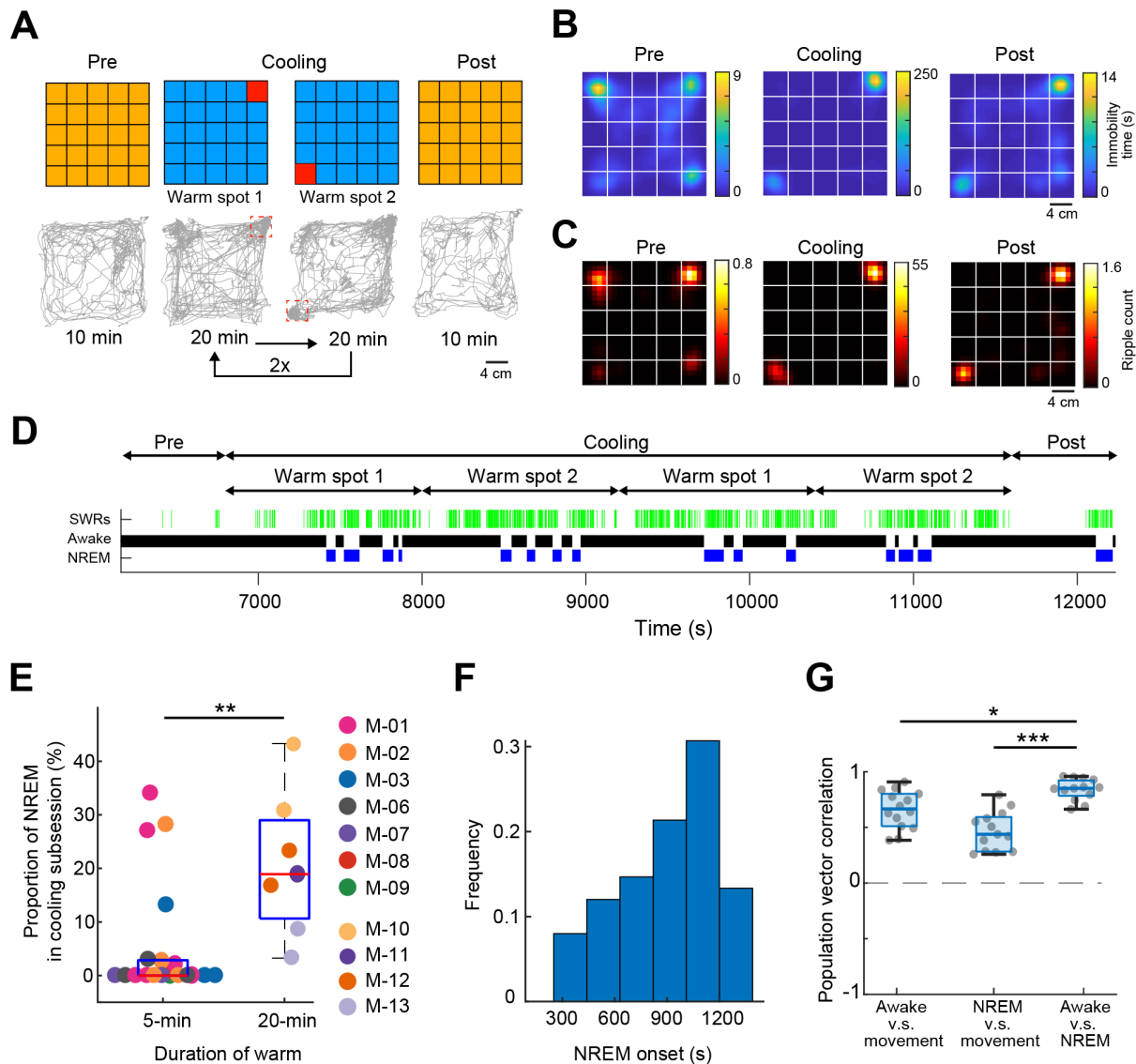
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283 **Figure 5. Spikes of CA1 pyramidal neurons during awake SPW-Rs are spatially tuned.** **A)** Within
 284 SPW-R firing rate maps (ThermoMaze binned into quadrants) of 6 example cells with high within SPW-
 285 R spatial tuning score (STS; from left to right, top to bottom, STS= 0.458, 0.639, 0.592, 0.672, 0.655,
 286 0.660 respectively). Color represents within SPW-R firing rate (in Hz) of the neuron in each quadrant
 287 of the ThermoMaze. **B)** Cumulative distribution of spatial tuning scores of pyramidal neurons (top; n =
 288 1150; p < 0.001) and interneurons (bottom; n = 288; p < 0.001) during SPW-Rs. Chance levels were
 289 calculated by shuffling the quadrant identity of the SPW-Rs. One-sided Wilcoxon rank sum tests. **C)**
 290 Bayesian decoding of the mouse's location (quadrant of the ThermoMaze) from spike content of SPW-
 291 Rs in an example session (blue: actual ripple location; green: decoded locations; red: locations of the
 292 warm spot; session decoding accuracy = 0.65; chance level = 0.26). **D)** Histogram of session Bayesian
 293 decoding accuracies of ripple locations using spiking rate maps constructed during ripples as templates

294 (with a uniform prior and a 100-fold cross-validation; $P < 0.001$). One-sample t-test. **E**) Firing rate
295 ratios of pyramidal cells constructed during SPW-Rs and movement are positively correlated (Pearson's
296 $r = 0.321$, $p < 0.001$). The firing rate ratio measures the firing rate of a cell in one quadrant versus the
297 sum of its firing rates in all four quadrants under a specific condition (within-ripple or during
298 movement). **F**) Matrix of the pairwise correlation coefficient between each pair of firing rate ratio
299 population vectors constructed during SPW-Rs and movements in different quadrants (x and y axes).
300 Color represents Pearson's r .

301

302 To test specifically whether perceptual sensing of environmental features is critical in position-
303 specific firing of neurons during SPW-Rs, we prolonged the duration of warm spots. After the
304 Pre-cooling sub-session, the ThermoMaze temperature was decreased to 16 °C for 80 min and
305 two Peltier elements were heated in an alternate fashion to 30 °C for 20 min (Figure 6A). As
306 expected, mice spent most of the time immobile on the warm spots (Figure 6A,B). Similar to
307 the 5-minute protocol (Fig. 4A), SPW-Rs occurred predominantly on the warm spots (Fig. 6C).
308 The increased duration of stay on the warm spot facilitated the occurrence of sleep, as
309 quantified by our brain state scoring algorithm (Fig. 6D, SPW-Rs). REM sleep was not detected
310 since REM state typically emerges after 20-30 min of NREM episodes⁴⁴. Mice spent a higher
311 fraction of their time in sleep during the 20 min, compared to the 5 min sub-session ($p = 0.003$,
312 $n = 19$ sessions in 7 mice and $n = 7$ sessions in 4 mice, Suppl. Table 1). The average inter-
313 NREM interval was 1000 seconds (Fig. 6F, $n = 7$ sessions in 4 mice). Comparing the spike
314 content of SPW-Rs during awake immobility and NREM sleep, we found that Pearson's
315 correlation coefficients between population vectors constructed during waking movement and
316 waking SPW-Rs were higher than between movement and NREM SPW-Rs (Fig. 6G). These
317 findings further support the view that sensory inputs during waking SPW-Rs can affect spiking
318 content of SPW-Rs.



319

320 **Figure 6. Mice sleep at experimenter-defined locations.** **A)** Schematic of ThermoMaze with warm
 321 spot locations (top) and the trajectory of an example animal (bottom; red rectangles correspond to the
 322 location of warm spots). During Cooling, one Peltier element was turned on for 20 min followed by
 323 another (1-2) and the sequence was repeated two times. **B)** Session-averaged duration of immobility
 324 (speed ≤ 2.5 cm/s) at each location in the ThermoMaze; white lines divide the individual Peltier
 325 elements ($n = 7$ sessions, $n = 4$ mice). **C)** Spatial distribution of SPW-R occurrences (color code: average
 326 number of SPW-Rs per session at each location, $n = 7$ sessions, $n = 4$ mice). Session-average of SPW-
 327 Rs during Cooling was 775 (corresponding to 0.16 Hz). **D)** Long duration of heating allowed for NREM
 328 sleep occurrence during Cooling session. Brain state changes⁴⁴ are shown together with SPW-Rs (green
 329 ticks). Note that NREM sleep occurs in the second half of the 20-min warming. **E)** Mice spent a larger
 330 fraction of time in NREM during 20 min Cooling sub-session compared to the 5 min task variant ($p =$
 331 0.003 , $n = 19$ sessions in 7 mice and $n = 7$ sessions in 4 mice). **F)** Mice typically spent ~ 1000 seconds
 332 awake between NREM epochs. **G)** Box charts of Pearson's correlation coefficients between population
 333 vectors of CA1 pyramidal neurons constructed during awake SPW-Rs, movement, and NREM SPW-
 334 Rs. Median, Kruskal-Wallis test: $H = 20.7$, d.f. = 2, $p < 0.001$ (pairwise comparison: $*p = 0.037$ and
 335 $***p = 1.6 \times 10^{-05}$).

336

337 **Discussion**

338 To investigate the importance of brain state transitions in a controlled manner, we developed
339 the ThermoMaze, a behavioral paradigm that allows for the collection of large amounts of
340 physiological data while the animal rests at distinct experimenter-controlled locations. Since
341 the paradigm exploits natural behavior, no training or handling is necessary. We demonstrate
342 that mice regularly explore a cold environment until a warm spot is identified. They spend most
343 of the time on a warm spot and even fall asleep, thus exhibiting a high degree of comfort. We
344 exploited the long immobility epochs following exploration and showed how neurons active
345 during hippocampal sharp wave ripples (SPW-R) replay waking experience. The ThermoMaze
346 will allow for detailed studies of brain correlates of preparatory-consummatory transitions and
347 open new options for studying temperature homeostasis.

348 **Warmth-seeking homeostatic behavior**

349 There is a renewed interest in exploiting natural learning patterns, as opposed to training
350 animals for performing complex arbitrary signal-action associations⁴⁵⁻⁵². In poikilotherm
351 animals (species whose internal temperature varies with environmental temperature), energy
352 homeostasis is one of the most fundamental homeostatic processes. Heat homeostasis involves
353 multiple levels of coordination from cellular to systems, from peripheral to central^{53,54}. To
354 maintain core body temperature, thermogenic tissues rapidly increase glucose utilization by
355 brown adipose tissue and shivering by skeletal muscle^{55,56}. The hypothalamic preoptic area
356 (POA) is regarded as the most important thermoregulatory “center” in the brain^{57,58}.
357 Connecting this area of research to learning, the POA is bidirectionally connected with the
358 limbic system and multiple cortical areas which assist both online maintenance of body
359 temperature and preparing the body for future expected changes (“allostasis”)^{23,59,60}. These
360 allostatic mechanisms induce exploratory behavior, searching for a warmer environment^{61,62}.
361 A location that provides a warm shelter needs to be remembered and generalized for future
362 strategies. Our paradigm offers means to investigate exploratory-consummatory transitions,
363 wake-sleep continuity in the same physical location and, in the reverse direction, the
364 physiological processes that evaluate discomfort levels, motivate behavioral transition from
365 rest to exploration and the circuit mechanisms that give rise to overt behaviors.

366 Mice, and rodents in general, are acrophobic and agoraphobic and tend to avoid open areas.
367 Instead, they tend to move close to the wall and spend most of their non-exploration time in
368 corners⁶³. Thus, while we were able to train mice to seek out and stay on warm spots in the
369 center of the maze after extensive training, their evolutionary “counter-preparedness”⁴⁷ to stay
370 in predator-prone open areas competed with the reward of warming. While these trained mice
371 did stay transiently on the central warm spot, they spent more time returning to the corners.
372 Our mice were on a normal day-light schedule thus their training during the day coincided with
373 their sleep cycle. This explains why after 5-10 min spent on the safe and temperature-
374 comfortable corner warm spots they regularly fell asleep. Yet, we noticed that mice did not
375 simply transition from walking to immobility but, instead, even after finding the warm spot
376 they regularly and repeatedly explored the rest of the maze before returning to the newly
377 identified home base. By changing the temperature difference between the environment and
378 the warm spot, it will be possible to generate psychophysical curves to quantify the competition

379 between homeostatic and exploratory drives in future experiments. These measures, in turn,
380 could be used to study the impact of perturbing peripheral and central energy-regulating
381 mechanisms.

382 For several applications, it is not needed to tile the entire floor of the maze with Peltier
383 elements. For example, a radial-arm maze with cooled floors or placed in a cold box can be
384 equipped with heating Peltier elements at the ends of maze arms and center, allowing the
385 experimenter to induce ambulation in the 1-dimensional arms, followed by extended
386 immobility and sleep at designated areas. In a way, the ThermoMaze is analogous to the water
387 maze⁴⁰, also an avoidance task, but many more trials can be achieved in a single session and
388 without the inconvenience of a wet environment.

389 **SPW-R spiking content biased by current position of animal depending on brain state**

390 We demonstrate the utility of the ThermoMaze for addressing long-standing questions in
391 hippocampal physiology. Preparatory and consummatory behaviors in the hippocampus are
392 associated with theta oscillations and SPW-Rs, respectively¹⁰. SPW-Rs also occur during
393 NREM sleep but studying the differences between waking and sleep SPW-Rs has been
394 hampered by the paucity of SPW-Rs in typical learning paradigms^{21,22,64-67}. Neural activity
395 during SPW-Rs has been shown to replay activity patterns observed during previous spatial
396 navigation experiences^{21,43,64} and can even be predictive of activity during future experiences⁶⁸⁻
397 ⁷⁰. However, the extent to which SWP-R spiking context is biased by the current position of
398 the animal is less known, as systematic control of position during rest/sleep has posed
399 difficulty. The ThermoMaze enables the experimenter to control the animal's position during
400 SWP-R states. In agreement with previous studies^{43,65,67}, we found that neurons whose place
401 fields overlapped with the quadrant of the maze had a higher participation probability in SPW-
402 Rs occurring at that location compared to other neurons. This observation supports the notion
403 that waking replay events can be biased by perceiving features of the surrounding
404 environment⁴³. However, when the mouse fell asleep at the same location this relationship was
405 weakened but did not disappear. Another potential explanation for the decreased correlation
406 between sleep SPW-R and waking exploration is deterioration of replay as the function of
407 time¹⁵. Alternatively, the persisting significant correlation between sleep SPW-Rs and previous
408 exploration may also indicate that factors other than the perception of the animal's vicinity is
409 responsible for sleep replay⁷⁰⁻⁷². Continuity of waking experience replay in waking and sleep
410 SPW-Rs have been hypothesized previously but not yet tested⁷³. Using the ThermoMaze, this
411 and other related questions can now be addressed quantitatively.

412

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417 **Author contributions:** MV designed the ThermoMaze, MV and YZ performed surgeries, MV,
418 YZ and AR collected data, MV, YZ, KM and RH processed data. GB, MV, YZ, KM, RH and
419 wrote the manuscript.

420

421 **EXPERIMENTAL METHODS**

422 **Animals and surgery**

423 All experiments were approved by the Institutional Animal Care and Use Committee at New
424 York University Langone Medical Center. Animals were handled daily and accommodated to
425 the experimenter and the ThermoMaze before the surgery and electrophysiological recordings.
426 Mice (adult female $n = 8$, 22 g and male $n = 5$, 26 g) were kept in a vivarium on a 12-hour
427 light/dark cycle and were housed two per cage before surgery and individually after it. Atropine
428 (0.05 mg/kg, s.c.) was administered after isoflurane anesthesia induction to reduce saliva
429 production. The body temperature was monitored and kept constant at 36–37 °C with a DC
430 temperature controller (TCAT-LV; Physitemp, Clifton, NJ). Stages of anesthesia were
431 maintained by confirming the lack of a nociceptive reflex. The skin of the head was shaved,
432 and the surface of the skull was cleaned by hydrogen peroxide (2%). A custom 3D-printed
433 baseplate⁷⁴ (Form2 printer, FormLabs, Sommerville, MA) was attached to the skull using C&B
434 Metabond dental cement (Parkell, Edgewood, NY). The location of the craniotomy was marked
435 and a stainless-steel ground screw was placed above the cerebellum. Silicon probe (Suppl.
436 Table 1) attached to a metal microdrive⁷⁵ was implanted into the dorsal CA1 of the
437 hippocampus (2 mm posterior from Bregma and 1.5 mm lateral to midline) and a copper mesh
438 protective cap was built around the probe. Animals received ketoprofen (5.2 mg/kg, s.c.) at the
439 end of the surgery and on the following two days. Each animal recovered at least 5 days prior
440 to experiments. The electrophysiology data was digitized at 20000 samples/s using an
441 RHD2000 recording system (Intan technologies, Los Angeles, CA). The number of recorded
442 sessions from each animal is summarized in Supplementary Table 1.

443 **Construction of ThermoMaze**

444 The ThermoMaze is a box (width, length, height: 20, 20, 40 cm, respectively), made from
445 acrylic plexiglass sheet (8505K743, McMaster, Elmhurst, IL). The floor of the maze was
446 constructed from 25 Peltier elements (40, 40, 3.6 mm, Model: TEC1-12706, voltage: 12V,
447 U_{max} (V): 15V, I_{max} (A): 5.8A, $\Delta T_{max}(Q_c=0)$: up to 65 °C). Each Peltier element was glued
448 inside a custom 3D-printed frame (file can be downloaded from
449 https://github.com/misiVoroslacos/3D_printed_designs/tree/main/ThermoMaze) using dental
450 cement (Unifast LC, GC America, Alsip, IL) and wood epoxy (Quick-Cure, product number:
451 BSI201, Bob Smith Industries, Atascadero, CA). Once Peltier elements were secured in the
452 3D-printed frame, an aluminum water cooling block heatsink (40, 40, 12 mm;
453 a19112500ux0198, Amazon.com) was attached to each Peltier element using heat-conductive
454 epoxy (8349TFM, MG Chemicals, Ontario, Canada). A variable voltage source (E36102A
455 Power Supply, Keysight Technologies, Santa Rosa, CA) was attached to four Peltier elements
456 using a relay system (4-Channel Relay Module, product number: 101-70-101, SainSmart,
457 Lenexa, KS). The relays were controlled by an Arduino Mega (Arduino Mega 2560 Rev3)
458 running a custom written code. Five aluminum water cooling block heatsinks were connected
459 together using silicon tubes (5/16" ID x 7/16" OD, product number: 5233K59, McMaster,
460 Elmhurst, IL). One of the five heatsinks was connected to a mini submersible electric brushless
461 water pump (240L/H, 3.6W, Ledge, ASIN: B085NQ5VVJ) using silicon tubes and another
462 one was routed to the water tank. We used 5 water pumps to circulate water through the 25

463 cooling blocks. The water pumps were placed inside a water tank (40, 40, 60 cm acrylic box)
464 and were powered using a DC power supply (E3620A, Keysight Technologies, Santa Rosa,
465 CA). The temperature of the water tank was monitored by a K-type thermocouple (5SC-TT-K-
466 40-72, Omega, Norwalk, CT) attached to a handheld thermometer (HH800, Omega, Norwalk,
467 CT) and recorded by a K-type thermocouple (5SC-TT-K-40-72, Omega, Norwalk, CT)
468 attached to an AD595 interface chip (1528-1407-ND, Digi-Key, Thief River Falls, MN)
469 connected to an analog input of the RHD2000 USB Eval system (Intan Technologies, Los
470 Angeles, CA). To monitor the floor temperature of the ThermoMaze, a thermal camera (C5,
471 Flir, Thousand Oaks, CA) was used.

472 **Behavior**

473 The ThermoMaze setup provides a customized temperature landscape, which the animal can
474 freely explore and choose where to settle. Without any training or shaping, a mouse will search
475 and find the unmarked warm spot and stay on it for extended periods due to thermotaxis
476 (movement towards locations with preferred temperature around 26–29°C; Figure 3)^{29,30}.
477 When the heating Peltier element is turned off, the animal quickly leaves the spot and explores
478 the maze again until it finds another warm spot.

479 On each experimental day, the mouse is taken from the animal facility during their light cycle.
480 The animal is first recorded in its homecage for 1-2 hours (pre-home). It is then transferred into
481 the ThermoMaze under room temperature to freely explore for 10 minutes (Pre-cooling).
482 During the Pre-cooling sub-session, the water circulation system is circulating room
483 temperature water and the Peltier elements are not activated. After the Pre-cooling sub-session,
484 4 kg of ice and two ice packs (25201, Igloo) are added into the water tank while the animal
485 remains in the ThermoMaze. Within 1 minute, the temperature of the water in the tank
486 stabilizes at 10-13 °C. We then turn on the pump to cool down the ThermoMaze setup (it takes
487 ~120 seconds to cool down the floor to 10-13 °C). At the same time, the Arduino-controlled
488 Peltier element heating system is turned on to heat one of the four 4 x 4 cm² for 5 minutes,
489 followed by another Peltier device in a fixed sequence (Fig. 2). Such sequence is repeated four
490 times (total of 80 min) during a Cooling sub-session. After the sub-session, the animal explores
491 again at room temperature for 10 minutes (Post-cooling sub-session). To increase the
492 temperature back to ~20 °C, the ice packs are removed, and 6.5 L of 55 °C water is added into
493 the tank. The temperature in the ThermoMaze returns to room temperature within 2 minutes.
494 After the Post sub-session, recording of electrophysiological activity continues in the
495 homecage for an additional 1–2 hours (post-homecage; Fig. 3A).

496 To quantify the behavior of the animal within the ThermoMaze, video is recorded using a
497 Basler camera (a2A2590-60ucBAS Basler ACE2) using the mp4 format with a framerate of 25
498 Hz. TTL pulses are sent from the camera to the Intan recording system to synchronize the video
499 and the electrophysiological recordings. The animal's location is detected within a 25x25 cm
500 region of interest (ROI), using a custom trained DeepLabCut neural network⁷⁶. Detections with
501 a likelihood below 0.5 are discarded. The occasionally missing trajectory detections are filled
502 using MATLAB function "fillmissing" with method "pchip" which is a shape-preserving
503 piecewise cubic spline interpolation and are then smoothed using a 7th-order one-dimensional

504 median filter “medfilt1”. The detection quality is visually examined by superimposing the
505 detected animal location in each frame on the video.

506 **Brain temperature measurement**

507 To examine the effects of changing environmental temperature on brain temperature
508 homeostasis, we implanted one male and one female wild type mice (C57Bl6, 28 g) with a
509 thermistor (Semitec, 223Fu3122-07U015) in the hippocampus (2 mm posterior from bregma
510 and 1.5 mm lateral to midline)³⁶. After 5 days of postsurgical recovery, the animal was placed
511 inside the ThermoMaze and brain temperature and behavior were monitored (n = 5 sessions,
512 each session consisted of pre-homecage, Pre, Cooling, Post and post-homecage epochs).

513

514 **QUANTIFICATION AND STATISTICAL ANALYSIS**

515 **SPW-R detection and properties**

516 SPW-Rs were detected as described previously from manually selected channels located in the
517 center of the CA1 pyramidal layer
518 ([https://github.com/buzsakilab/buzcode/blob/master/detectors/detectEvents/bz_FindRipples.](https://github.com/buzsakilab/buzcode/blob/master/detectors/detectEvents/bz_FindRipples.m)
519 m). Broadband LFP was bandpass-filtered between 130 and 200 Hz using a third-order
520 Chebyshev filter, and the normalized squared signal was calculated. SPW-R peaks were
521 detected by thresholding the normalized squared signal at 5×SDs above the mean, and the
522 surrounding SPW-R begin, and end times were identified as crossings of 2×SDs around this
523 peak. SPW-R duration limits were set to be between 20 and 200 ms. An exclusion criterion
524 was provided by manually designating a ‘noise’ channel (no detectable SPW-Rs in the LFP),
525 and events detected on this channel were interpreted as false positives (e.g., EMG artifacts).
526 The ripple detection quality was visually examined by superimposing the detected timestamps
527 on the raw LFP traces in NeuroScope2 software suite⁷⁷.

528 **Sleep state scoring**

529 Brain state scoring was performed as described in the study by Watson et al.,⁴⁴. In short,
530 spectrograms were constructed with a 1-s sliding 10-s window fast Fourier transform of 1,250
531 Hz data at log-spaced frequencies between 1 Hz and 100 Hz. Three types of signals were used
532 to score states: broadband LFP, narrowband high frequency LFP and electromyogram (EMG)
533 calculated from the LFP. For broadband LFP signal, principal component analysis was applied
534 to the Z-transformed (1–100 Hz) spectrogram. The first principal component in all cases was
535 based on power in the low (32 Hz) frequencies. Dominance was taken to be the ratio of the
536 power at 5–10 Hz and 2–16 Hz from the spectrogram. All states were inspected and curated
537 manually, and corrections were made when discrepancies between automated scoring and user
538 assessment occurred.

539 **Unit isolation and classification**

540 A concatenated signal file was prepared by merging all recordings from a single animal from
541 a single day. Putative single units were first sorted using Kilosort⁷⁸ and then manually curated
542 using Phy (<https://phy-contrib.readthedocs.io/>). After extracting timestamps of each putative
543 single unit activity, the spatial tuning properties, identification of 2D place cells and place

544 fields, and participation in SPW-Rs events were analyzed using customized MATLAB
545 (Mathworks, Natick, MA) scripts.

546 In the processing pipeline, cells were classified into three putative cell types: narrow
547 interneurons, wide interneurons, and pyramidal cells. Interneurons were selected by 2 separate
548 criteria; narrow interneurons were assigned if the waveform trough-to-peak latency was less
549 than 0.425 ms. Wide interneuron was assigned if the waveform trough-to-peak latency was
550 more than 0.425 ms and the rise time of the autocorrelation histogram was more than 6 ms. The
551 remaining cells were assigned as pyramidal cells⁷⁷. We have isolated 1438 putative single units
552 from 7 animals in 20 sessions (n = 1150 putative pyramidal cells, n = 288 putative interneurons)
553 during the ThermoMaze behavior. We also collected 228 putative pyramidal cells from 2
554 animals in 3 control sessions (Suppl. Fig. 4) and 434 putative single units from 4 mice in 7
555 sessions using the 20-minute warmth paradigm (Fig. 6).

556 **Pyramidal cells firing rate maps and SPW-R rate maps**

557 To visualize and compare the spatial tuning properties of neurons across sub-sessions (Pre,
558 Cooling and Post) during movement (speed ≥ 2.5 cm/s), we first binned the ThermoMaze ROI
559 into 25 by 25 bins (each with size 1 x 1 cm) and counted the number of spikes of a neuron that
560 occurred in each bin when the animal was actively moving (“movement spike-count map”).
561 Next, we summed the total duration of time (in seconds) that the animal spent moving in each
562 spatial bin to construct the “movement occupancy map”. The sub-session rate map of a cell
563 during movement was computed by dividing the spike-count map by the occupancy map bin-
564 wise. Similarly, we computed the SPW-R rate map within a subsession by dividing the number
565 of ripples that occurred in each bin by the total duration of immobility (speed < 2.5 cm/s) that
566 the animal spent in each bin. Both firing rate maps and SPW-R rate maps were spatially
567 smoothed using a 2-bin smoothing window
568 ([https://github.com/buzsakilab/buzcode/blob/6418ba3b4307c673988bcf6ca44b15927fef5a7d/](https://github.com/buzsakilab/buzcode/blob/6418ba3b4307c673988bcf6ca44b15927fef5a7d/externalPackages/FMAToolbox/Analyses/bz_Map.m)
569 [externalPackages/FMAToolbox/Analyses/bz_Map.m](https://github.com/buzsakilab/buzcode/blob/6418ba3b4307c673988bcf6ca44b15927fef5a7d/externalPackages/FMAToolbox/Analyses/bz_Map.m)).

570 **Spatial tuning of spikes during SPW-Rs**

571 To quantify spatial tuning of neurons during SPW-Rs (Figure 5), we defined a metric called
572 "within-ripple spatial tuning score" which is a value between 0 and 1. The higher score
573 indicates stronger spatial tuning of a neuron during SPW-Rs. We first binned the ThermoMaze
574 ROI into four quadrants (2x2) and determined the firing rate of the neuron in each quadrant
575 within SPW-Rs (i.e., total number of spikes of the cell divided by the total duration of SPW-R
576 in that quadrant). For each SPW-R, a 300 ms time window surrounding the ripple's power peak
577 time was taken and the temporal overlaps between SPW-Rs were removed. Next, the within-
578 SPW-R firing rate ratio in a given quadrant (e.g., in quadrant A), is defined to be the firing rate
579 of the neuron during SPW-Rs in quadrant A divided by the sum of the within-SPW-R firing
580 rate in all four quadrants. Finally, the within-ripple spatial tuning score (Figure 5) of a neuron
581 is defined to be the maximum within-SPW-R firing rate ratio of the cell among all quadrants.
582 To test the hypothesis that such spatial tuning exists beyond chance level, we generated
583 shuffled within-SPW-R firing rate maps by randomly assigning one of the four quadrants to
584 each SPW-R. Specifically, we randomly permuted the location of the SPW-Rs so that the
585 number of SPW-Rs per quadrant was kept fixed for the shuffled condition.

586 Bayesian decoding of the animal position

587 Bayesian decoding of the animal's position was based on the method provided by Zhang et.
588 al., 1998)⁴¹. In short, we utilized the spatial firing rate maps constructed to find the location
589 that maximally explains the observation of spiking within a certain time window. Because
590 SPW-Rs occurred mainly in the corners where the warm spots were, we simplified the analysis
591 and binned the ThermoMaze into 2x2 quadrants, which yielded four maze areas. We
592 constructed the firing rate map templates $f_i(\mathbf{x})$ of each neuron during SPW-Rs (300 ms time
593 window surrounding the peak of each SPW-Rs) within the Cooling sub-session. The decoded
594 position was then determined to be the quadrant that maximizes the posterior likelihood given
595 the observed spike counts:

$$596 \quad P(\mathbf{x} | \mathbf{n}) = C(\tau, \mathbf{n})P(\mathbf{x}) \left(\prod_{i=1}^N f_i(\mathbf{x})^{n_i} \right) \exp \left(-r \sum_{i=1}^N f_i(\mathbf{x}) \right)$$

597 where \mathbf{x} was the quadrant index, \mathbf{n} was the spike counts vector observed surrounding the frame
598 time, τ was the time window size and equals 300 ms, $C(\tau, \mathbf{n})$ was a normalization factor and
599 was taken to be 1, $P(\mathbf{x})$ was the prior probability distribution of animal location and was taken
600 to be 1 in the case of Figure 5D, i was the index of each cell, $f_i(\mathbf{x})$ was the average firing rate
601 of cell i at position \mathbf{x} , and N was the total number of pyramidal cells recorded in the session.
602 For the purpose of cross-validation, we divided the SPW-Rs in each session into 100 folds. For
603 each fold (testing dataset), the firing rate map templates were constructed using SPW-Rs from
604 the other 99 folds (training dataset), and the decoding accuracy for the omitted fold was
605 computed as the proportion of SPW-Rs whose corresponding quadrant was correctly decoded
606 over the total number of SPW-Rs in the fold. For each session, we report the average decoding
607 accuracy of test datasets.

608 Comparison of spatial tuning during SPW-Rs and movement

609 To quantify the similarity between spatial tuning of neurons during SPW-R and movement
610 (theta oscillation), we calculated the firing rate ratios during movement in a similar way as we
611 calculated the within-SPW-R firing rate ratios (see section "Spatial tuning during SPW-Rs"
612 above). The ThermoMaze ROI was again binned into quadrants and firing rate maps (2x2) of
613 each neuron during movement were calculated. The firing rate ratio of a neuron in each
614 quadrant during movement was defined as the quadrant with the actual firing rate in that
615 quadrant divided by its mean firing rate in all quadrants. Next, the Pearson correlation between
616 the firing rate ratios during SPW-Rs and movement in each quadrant for each cell within the
617 Cooling sub sessions were calculated.

618 We also studied the correlation between pyramidal cells' spatial tuning during SPW-Rs and
619 movement at a population level (Fig. 6G). In each session, we first constructed population
620 vectors in each quadrant by concatenating the firing rate ratio of each cell in a quadrant into a
621 vector during SPW-R or movement. We then computed the pairwise correlation coefficients
622 between correlation matrix among the four population vectors between each condition and took
623 the average across sessions.

624

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1 Supplementary Material for

2 **ThermoMaze: A behavioral paradigm for readout of immobility-related brain events**

3

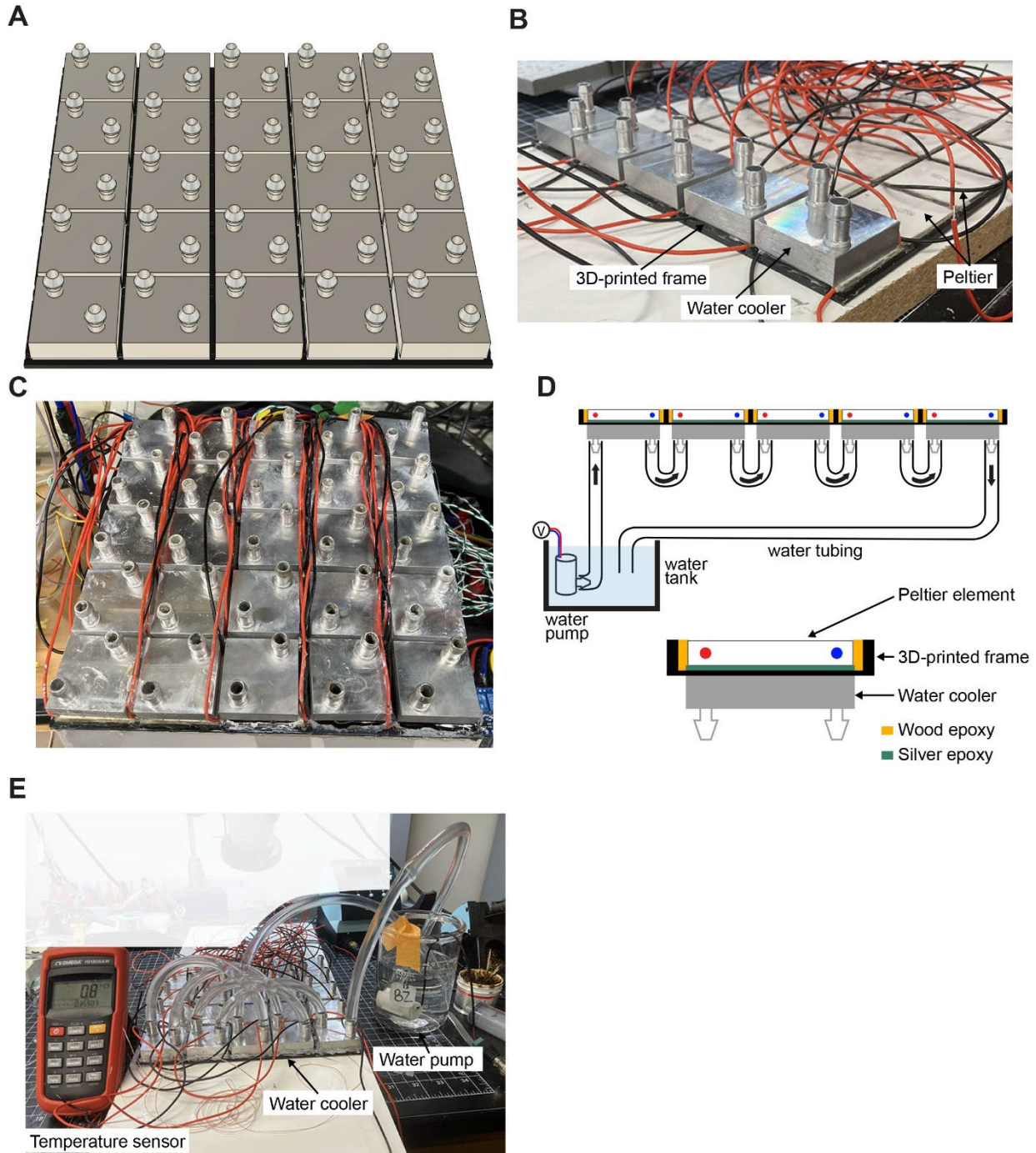
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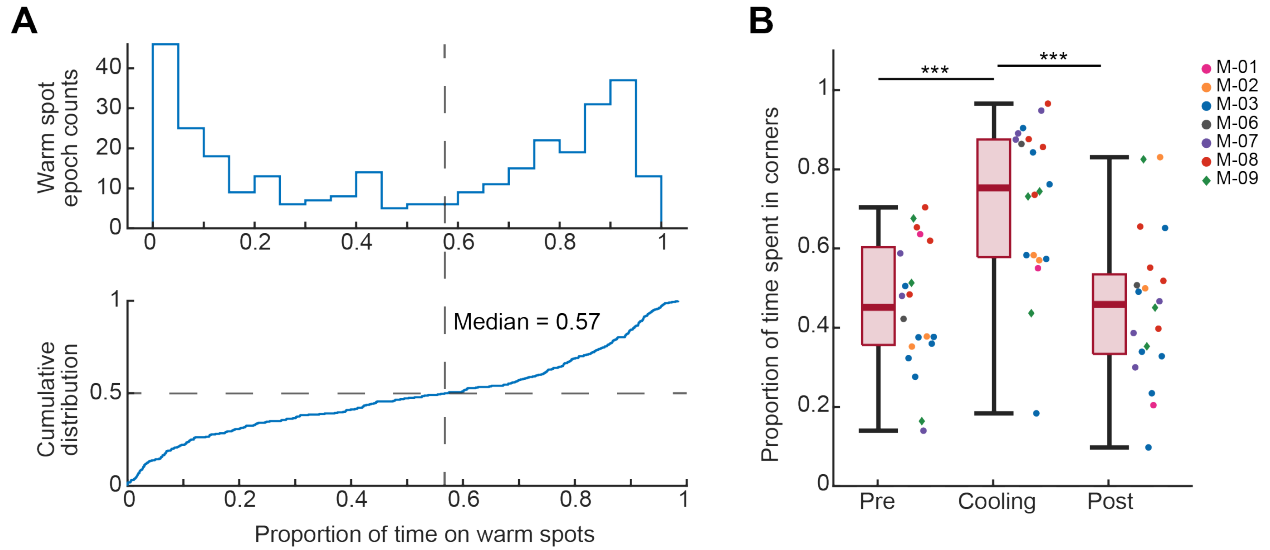
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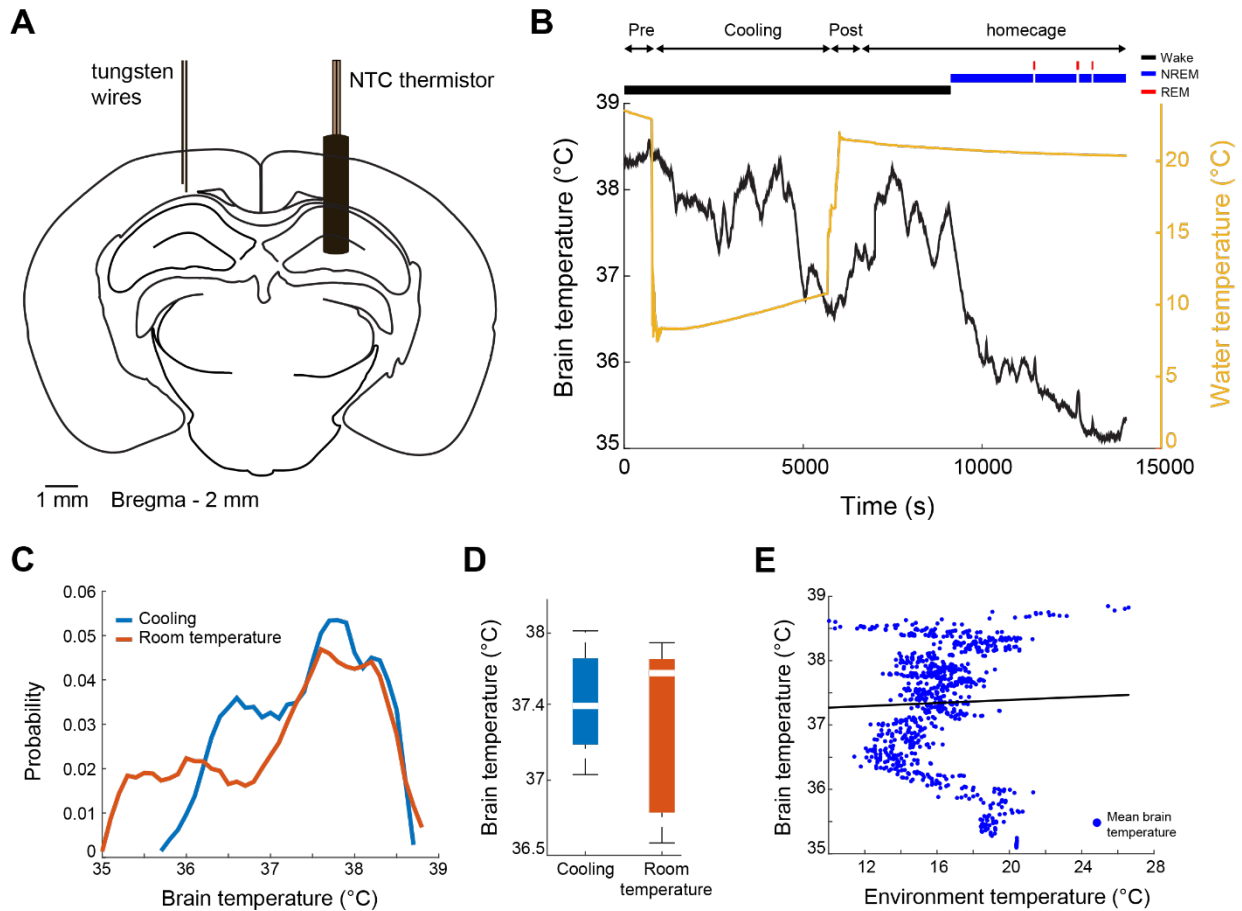
Supplementary Figure 1. Control of heating and cooling of the surface of ThermoMaze. A) Schematic of water coolers (each Peltier element has its own water cooler, $n = 25$). B) Photograph of ThermoMaze with all Peltier elements attached to a 3D-printed frame (bottom view). One row of water coolers ($n=5$) is also attached to Peltier elements. C) Photograph of the bottom view of the ThermoMaze showing 25 water coolers without tubing attached. D) Schematic of water circulation system. E) Ice-cold water circulating through the water tubes and between 5 water coolers and Peltier elements (turned off) can passively reduce the surface of the Peltier element to $0.8\text{ }^{\circ}\text{C}$. The temperature is measured by a K-type thermocouple attached to the surface of the last Peltier element in a row.



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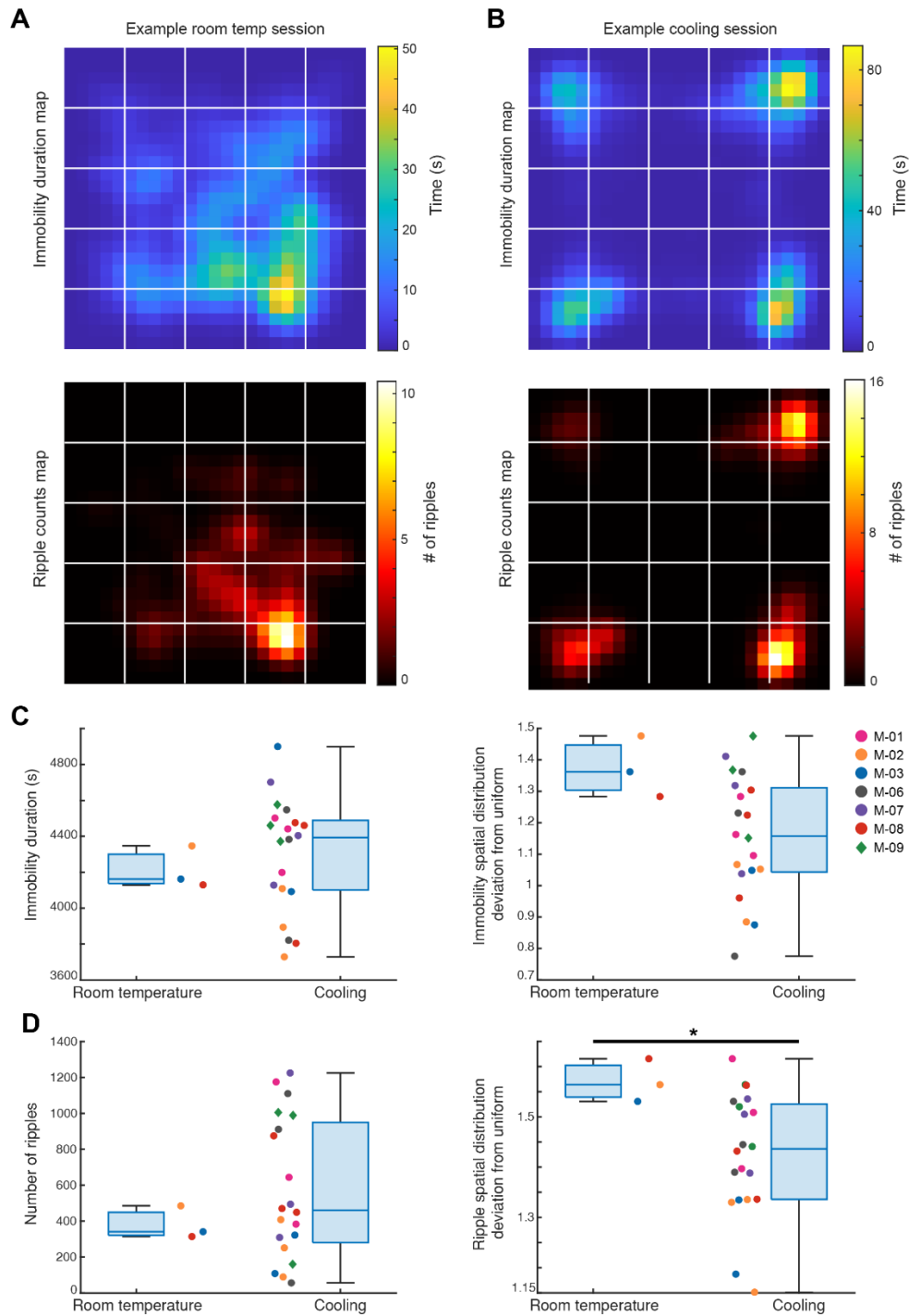
22 **Supplementary Figure 2. Animals learned to track and stay immobile on hidden warm spots in the**
 23 **ThermoMaze. A)** Top: histogram of proportion of time spent on the warm spot during each warm spot
 24 epoch when it was providing heat. 0 indicates that the animal did not occupy the warm spot when it was
 25 turned on, and 1 indicates that the animal was staying on the warm spot for the entire warm spot epoch.
 26 Bottom: cumulative distribution of the proportion of time animal spent on the warm spot during a warm
 27 spot epoch (median = 0.57; in other word, median = 2.85 minute per 5-minute warm spot transition epoch).
 28 Therefore, in over 50% percent of the warm spot epochs, mice found and stayed on the warm spot for over
 29 57% of the time ($n = 20$ sessions in $n = 7$ animals). **B)** Box plot of the proportion of time that the animal
 30 spent in any of the four warm spot corners in the ThermoMaze. Median, Kruskal–Wallis test: $H = 19.69$,
 31 $d.f. = 2$, $p = 5.29 \times 10^{-5}$. The proportion of time spent in corners in pre and post and significantly different
 32 from cool (Pre vs. Cooling: $p = 0.0004$; Cooling vs. Post: $p = 0.0003$), while that of pre and post are not
 33 significantly different (Pre vs. Post: $p = 0.9996$). Dots (females) and diamonds (males) between the boxes
 34 represent the individual sessions and the same color represents sessions from the same animal.

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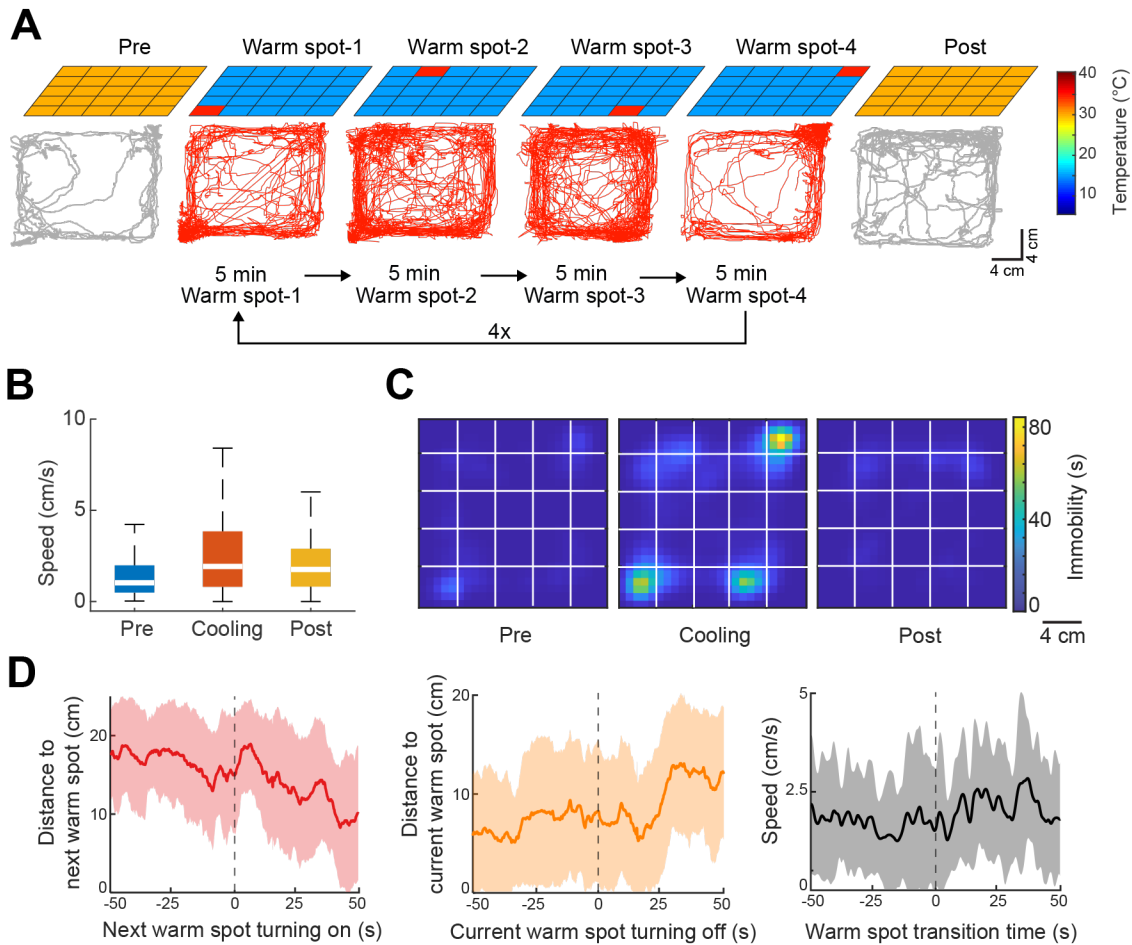
37 **Supplementary Figure 3. Brain temperature is not affected by cooling of the ThermoMaze.** A)
 38 Schematic of implantation of the thermistor. Mice were implanted and tungsten recording wires. B)
 39 Brain temperature variation over time during ThermoMaze behavior (Pre, Cooling, Post) and post homecage
 40 sleep. Note, that the temperature of the environment was reduced to 10 °C during cooling (yellow line).
 41 Brain state classification is shown above the temperature curves (awake, NREM, and REM; black, blue,
 42 and red lines, respectively)⁴⁴. C) Probability mass function of brain temperature distributions across 10
 43 recording sessions in 2 mice. Cooling and room temperature sub sessions are shown in blue and orange,
 44 respectively. D) Median brain temperature during cooling and no cooling (room temperature) sessions (not
 45 significant, Kolmogorov-Smirnov test). E) There is no correlation between brain temperature fluctuation
 46 and environmental temperature (linear regression, $R = 0.03$, $p = 0.384$; see also Petersen et. al. 2022).



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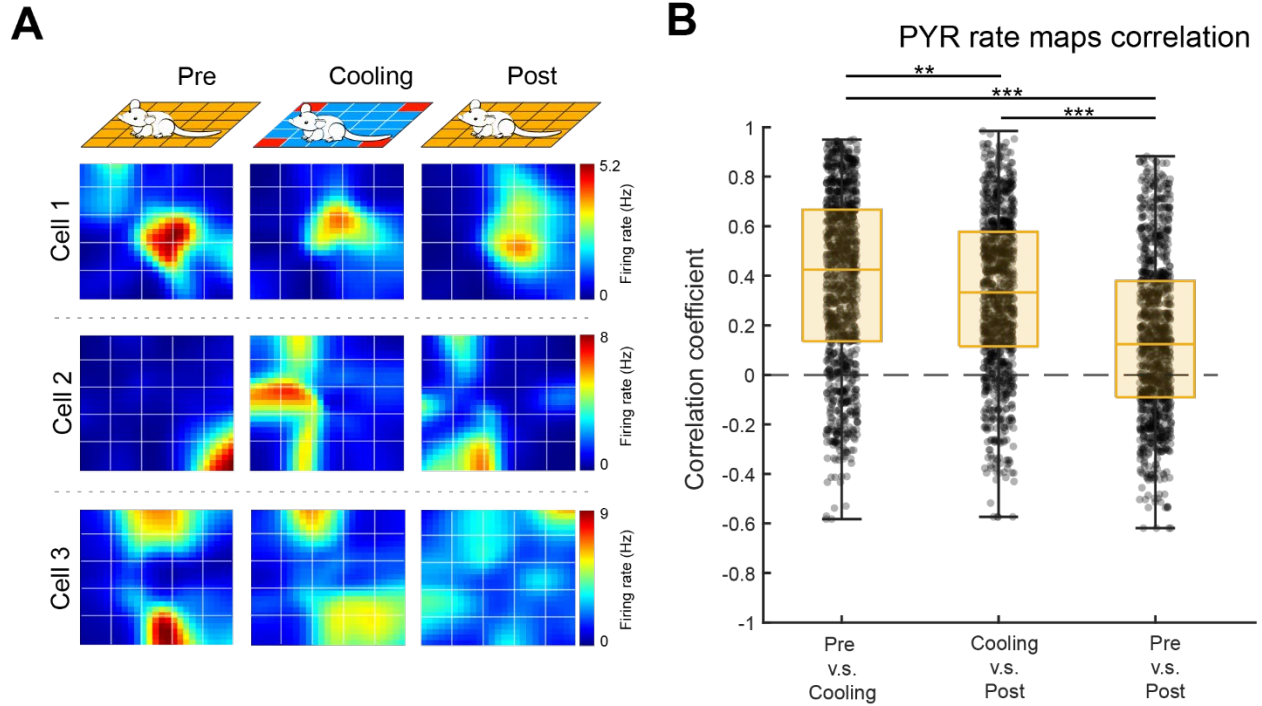
48 **Supplementary Figure 4. Spatial distributions of immobility duration and SPW-Rr occurrence are**
 49 **more uniform during Cooling compared to room temperature.** **A)** Top: Immobility duration map of an
 50 example session in which the animal was in the ThermoMaze under 25°C room temperature condition
 51 (Mouse_07; Immobility spatial distribution deviation from uniform score: 1.36); Bottom: SPW-R counts
 52 map of the same session (SPW-R spatial distribution deviation from uniform score: 1.53). The lower spatial
 53 distribution deviation from uniform score indicates that the variable (duration/counts) is more uniformly
 54 distributed in the ThermoMaze. **B)** An example Cooling subsession (same plots as in **A**, Mouse_09;
 55 Immobility spatial distribution deviation from uniform score: 1.22; SPW-R spatial distribution deviation

56 from uniform score: 1.43). **C)** Left: Immobility durations within an 80-minute period of free exploration of
57 the ThermoMaze either under room temperature or during the Cooling subsession in two groups of mice
58 (room temperature $n = 3$; Cooling $n = 20$; $p = 0.49$). Right: Deviation of spatial distributions of immobility
59 epochs from a uniform distribution ($p = 0.08$). **D)** Same plots as in **C)** but for total SPW-R counts and the
60 degree to which their spatial distributions deviates from uniform distribution. (Left: $p = 0.62$; Right: $p =$
61 0.04 , One-sided Wilcoxon rank sum tests).



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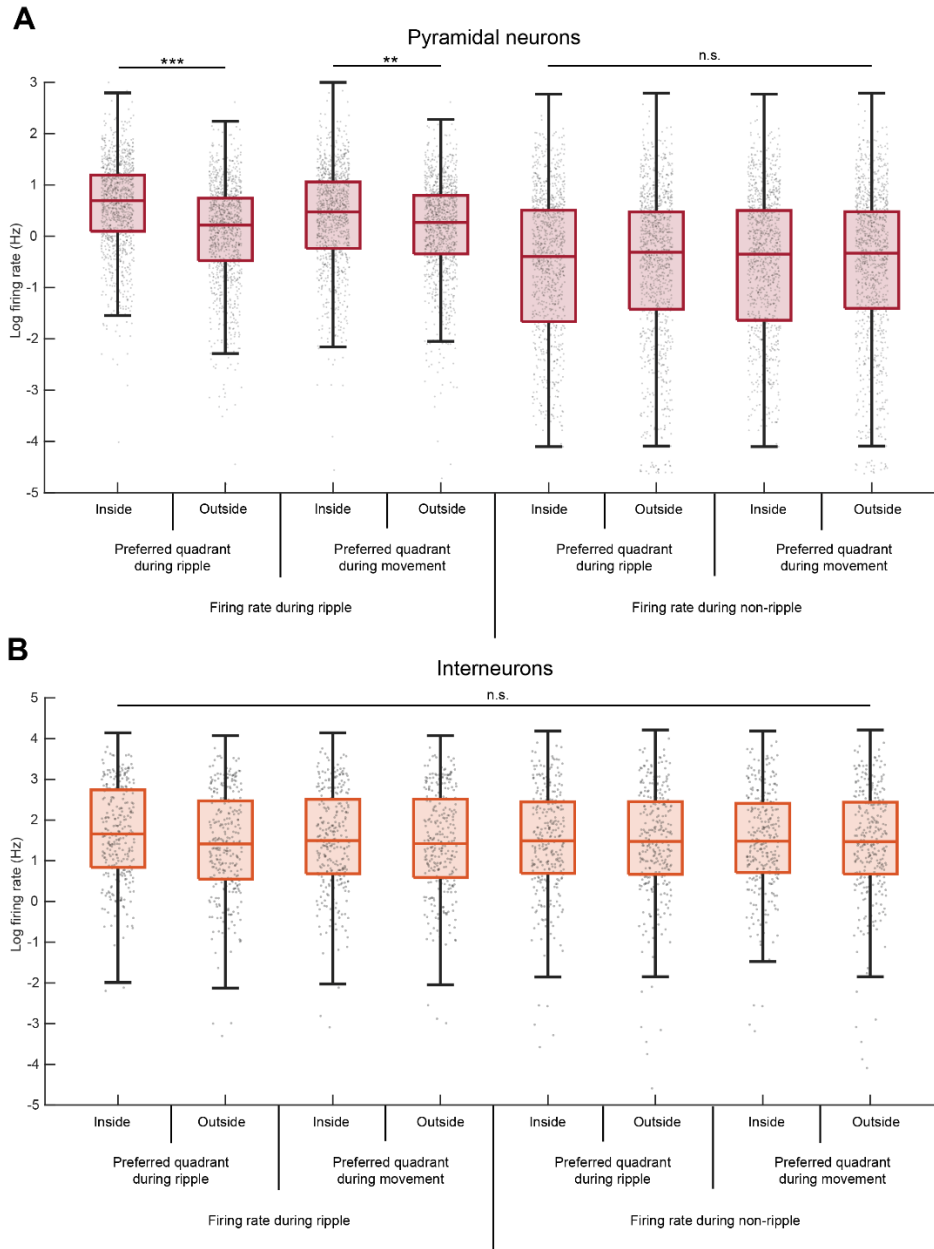
63 **Supplementary Figure 5. Changing the location of warm spots shape behavior.** **A)** During Cooling,
 64 one of the Peltier elements provided a warm spot for the animal (four Peltier elements, 2 in the corners and
 65 2 close to the corners were used). Each Peltier element was turned on for 5 minutes in a sequential order
 66 (1-2-3-4, $n = 4$ trials). **B)** Animal speed in the ThermoMaze during Pre-cooling (Pre), Cooling and Post-
 67 cooling (Post) sub-sessions ($n = 3$ sessions from $n = 2$ mice). **C)** Session-averaged duration of immobility
 68 ($n = 3$ sessions in $n = 2$ mice, speed ≤ 2.5 cm/s) that the animal spent at each location in the ThermoMaze
 69 (x and y : animal location (20 x 20 cm); color: temporal duration of immobility (s); white lines represent
 70 boundaries of individual Peltier elements). **D)** Left, Median (curve) and 1st to 3rd quartile (shaded region)
 71 across sessions of distance to the next warm spot (left panel), and distance from the previous hotspot (middle
 72 panel). Right, Speed across sessions centered upon warm spot transition times (time 0).



73

74

75 **Supplementary Figure 6. Spatial tuning of hippocampal pyramidal cells in the ThermoMaze. A)**
 76 Spatial firing rate maps of three example pyramidal neurons constructed in the three sub-sessions: Pre-
 77 cooling (Pre), Cooling and Post-cooling (Post). X and Y: ThermoMaze dimensions; color: firing rate in Hz
 78 (color scale is the same across conditions for each cell). **B)** Boxplots of Pearson correlation coefficients
 79 between spatial firing rate maps constructed in Pre, Cooling, Post. Median, Kruskal–Wallis test: $H =$
 80 307.8880 , $d.f. = 3$, $p = 0$ ($n = 1150$ pyramidal cells from 7 mice).



81

82 **Supplementary Fig. 7. Comparison of firing patterns of pyramidal cells and interneurons during**
 83 **SPW-Rs. A)** Pyramidal neurons increase their firing rates during SPW-R and movement in their preferred
 84 quadrant. Median, Kruskal–Wallis test: $H = 992.8856$, d.f. = 7, $p = 4.1 \cdot 10^{-210}$. During SPW-Rs, pyramidal
 85 neuron firing rate is significantly higher inside their preferred quadrant (median firing rate = 1.99 Hz) than
 86 outside (median = 1.24 Hz), as expected from our definition. This increase in firing rate during SPW-R is
 87 also observed when conditioned on inside (median = 1.61 Hz) or outside (median = 1.31 Hz) the cell's
 88 preferred quadrant defined during movement. Firing rate during SPW-R is significantly higher than that
 89 during non-ripple (asterisk is omitted in the figure for simplicity; median = 0.67, 0.73, 0.70, and 0.71 Hz
 90 for firing rate inside or outside preferred quadrant during ripple or movement, respectively). No significant
 91 difference in median is observed among the four conditions for firing rate during non-ripple. **B)** Same as
 92 panel **A** but for interneurons. From left to right, median firing rate is 5.26, 4.11, 4.46, 4.14, 4.43, 4.36, 4.39,
 93 and 4.34 Hz, respectively. Median, Kruskal–Wallis test: $H = 7.1594$, d.f. = 7, $p = 0.41$.

94 **Supplementary Video 1. Real and thermal image of a mouse in the ThermoMaze.** The animal's
 95 behavior was recorded with a Basler camera and an infrared thermal camera placed above the ThermoMaze.
 96 Four Peltier elements were subsequently heated (one in each corner). Infrared image is overlaid on the raw
 97 video. The second half of the video is 10 times faster than real time (10 x speed legend in the video).

98

99 **Supplementary Video 2. Thermal image of a mouse in the ThermoMaze.** The animal's behavior was
 100 recorded with an infrared thermal camera placed above the ThermoMaze (thermal image is in greyscale).
 101 In this video a Peltier element in the inner part of the floor was heated. The speed of the video is 10 times
 102 faster than real time.

103

104 **Supplementary Table 1. Summary of animal subjects with brain implants**

Animal	Recording implant	Other implants	Behavioral protocol	# session	Sex
Mouse_01	Diagnostic Biochips, 64-2	NA	ThermoMaze, 4 corners	1	F
Mouse_02	Diagnostic Biochips, 64-2	NA	ThermoMaze, 4 corners	3	F
Mouse_03	NeuroNexus, A5x12-16-Buz-Lin-5mm-100-200-160-177	NA	ThermoMaze, 4 corners	1	F
Mouse_04	Tungsten wire	Thermistor	ThermoMaze, 4 corners	5	F
Mouse_05	NA	Thermistor	ThermoMaze, 4 corners	4	M
Mouse_06	Diagnostic Biochips, 64-2	NA	ThermoMaze, 4 corners Inner spots	3 2	F

Mouse_07	NeuroNexus A1x32-Poly3- 10mm-25s-177	NA	ThermoMaze, 4 corners Inner spots	3 1	F
Mouse_08	Cambridge Neurotech 64-ch, F6	NA	ThermoMaze, 4 corners	2	F
Mouse_09	NeuroNexus A1x32-Poly3- 10mm-25s-177	NA	ThermoMaze, 4 corners	4	M
Mouse_10	NeuroNexus A1x32-Poly3- 10mm-25s-177	NA	ThermoMaze, sleep	2	M
Mouse_11	NeuroNexus A1x32-Poly3- 10mm-25s-177	NA	ThermoMaze, sleep	1	F
Mouse_12	NeuroNexus A1x32-Poly3- 10mm-25s-177	NA	ThermoMaze, sleep	2	M
Mouse_13	Neuropixels 2.0	NA	ThermoMaze, sleep	2	F

106 **Supplementary Table 2.** P-values of multiple group comparisons pertaining to analyses of variance in the
 107 main figures. Values associated with each group are either means or medians, depending on the statistical
 108 test (see main figure legends).

109 Figure 3C Cumulative distribution of animal speed in the ThermoMaze during three subsessions

Group A	Group B	p-value
Pre speed	Cool speed	<0.001
Pre speed	Post speed	<0.001
Cool speed	Post speed	<0.001

110

111 Figure 4. Boxplots of Pearson correlation coefficients between spatial firing rate maps

112 Here, group number 1, 2, 3, and 4 refer to correlation values between Pre and Cooling, Cooling and Post
 113 and Pre and Post in control sessions.

Group A	Group B	p-value
1	2	0.006
1	3	<0.001
1	4	<0.001
2	3	<0.001
2	4	<0.001
3	4	<0.001

114

115 Supplementary Figure 7A. Pyramidal neurons increase firing rate during ripples in their preferred quadrant
 116 during movement.

- 117 Number 1 through 8 represent pyramidal firing rate:
- 118 1: during SPW-R inside the cell's preferred quadrant during ripple
 - 119 2: during SPW-R outside the cell's preferred quadrant during ripple
 - 120 3: during SPW-R inside the cell's preferred quadrant during movement
 - 121 4: during SPW-R outside the cell's preferred quadrant during movement
 - 122 5: during SPW-R inside the cell's preferred quadrant during ripple
 - 123 6: during SPW-R outside the cell's preferred quadrant during ripple
 - 124 7: during SPW-R inside the cell's preferred quadrant during movement
 - 125 8: during SPW-R outside the cell's preferred quadrant during movement

Group A	Group B	p-value
1	2	<0.001
1	3	<0.001
1	4	<0.001
1	5	<0.001
1	6	<0.001
1	7	<0.001
1	8	<0.001
2	3	<0.001
2	4	0.596
2	5	<0.001
2	6	<0.001
2	7	<0.001
2	8	<0.001
3	4	0.003
3	5	<0.001
3	6	<0.001
3	7	<0.001
3	8	<0.001
4	5	<0.001
4	6	<0.001
4	7	<0.001
4	8	<0.001

5	6	0.969
5	7	0.9999966894
5	8	0.9822369191
6	7	0.99416517
6	8	0.999999967
7	8	0.9973847873

127 Supplementary Figure 7B. Interneurons firing rate does not change during ripples in their preferred quadrant
128 during movement.

129 Number 1 through 8 represent interneuron firing rate:
130 1: during ripples inside the cell's preferred quadrant during ripple
131 2: during ripples outside the cell's preferred quadrant during ripple
132 3: during ripples inside the cell's preferred quadrant during movement
133 4: during non-ripples outside the cell's preferred quadrant during movement
134 5: during non-ripples inside the cell's preferred quadrant during ripple
135 6: during non-ripples outside the cell's preferred quadrant during ripple
136 7: during non-ripples inside the cell's preferred quadrant during movement
137 8: during non-ripples outside the cell's preferred quadrant during movement

138

Group A	Group B	p-value
1	2	0.213
1	3	0.76q
1	4	0.454
1	5	0.658
1	6	0.663
1	7	0.604
1	8	0.694
2	3	0.988
2	4	1.000
2	5	0.997
2	6	0.996

2	7	0.998
2	8	0.995
3	4	1.000
3	5	1.000
3	6	1.000
3	7	1.000
3	8	1.000
4	5	1.000
4	6	1.000
4	7	1.000
4	8	1.000
5	6	1.000
5	7	1.000
5	8	1.000
6	7	1.000
6	8	1.000
7	8	1.000